

IN SPIRIT NEWSLETTER

UNITARIAN UNIVERSALISTS CHURCH OF HOT SPRINGS

Welcoming Congregation for Religious
Liberalism

BOARD MEMBERS:

Jesse Davis - President

Linda Puckett - Vice President

John Nino - Treasurer

Ann Hair - Secretary

Values in Action (Programs) - Joe Sturgill

Membership - Jason Nickerson

Community Action (Social Justice) - Casey Wiley



INTRODUCTION

Welcome to our congregation! We as Unitarian Universalists welcome you, whomever you are, regardless of race, creed, age, gender, gender identity, sexual orientation, or physical or mental ability. We strive together as a community to celebrate diversity and to investigate together the spiritual questions that concern us all. Why are we here? Is there a creator? How are we all interconnected to the world and the universe surrounding us? We as a spiritual community seek to find meaningful answers to these questions.

As a community of religious liberalism, we offer many different activities that offer you the opportunity to fellowship with UU members.



FROM THE DESK OF THE PRESIDENT



Jesse Davis, Hot Springs Unitarian Universalist Church Board President has the following message to all church members:

During these times of heightened tensions regarding the mid-term elections please remember our first principle: *"The inherit worth and dignity of every person."* This is especially important of those who think differently. We are all made of the same stuff, whether we agree or not.

Thank you, Mr. President!

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RELIGIOUS EXPLORATION

Religious Exploration will begin at 9:00 am to 10 am the first and 3rd Sunday of each month. Join us to discuss various Ted Talks. Feel free to bring Ted Topics that you would like to recommend for discussion.

Wisdom Seekers meet on the 2nd and 4th Sunday of each month from 9:00 to 10:00 each month. The book currently being studied is “Fantasy Land, How America went Haywire”.



LGBTI ALLIANCE

December 1st -World’s Aids Day at Church beginning at 6:30 pm.

Fun and Food was had at LGBTI’s Halloween Party. The organization were raising funds for the Hillcrest Children’s Center and LGBTI. Thanks to everyone who attended.



COME ONE COME ALL UU LADIES

Wednesday November 7 at 6 pm -Election
Hangover Day

Come with or without a snack to share at

300 Houston Drive

RSVP to Sunny at 903-319-8131



OTHER ACTIVITIES

CRAFT NIGHT – Is held on Tuesday evenings beginning at 6:00 pm at the church. Bring your craft and/or learn Medieval Art skills such as Calligraphy. Cookies are served.

SUPPORT GROUP

An emotional support group is available to church members on the second and 4th Friday nights of each month beginning at 6:00 pm. Jason Nickerson invites all those who would benefit to attend this group. We all need people at some time or another. Thanks Jason for all you do for the church.



SPEAKERS FOR NOVEMBER

November 4th- Sunny Davis Patterson will speak on “Vote, Said the Lady with the Alligator Purse”.

November 11th – Bob VanHook will speak on “Living with an Alternative Reality”.

November 18th – Thanksgiving Service-Brass Music Ensemble

November 25th- Jessica Dicus will speak on “Love Yourself”.

THE BIRDS



The Birds meet on Thursday nights beginning at 5:15 for choir practice. Come join us!

UU WOMEN’S GROUP

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December 2nd – Christmas Carol Service – Joe Sturgill

JACKSON HOUSE

John, Sunny, Dorothy, Linda, Pat, and Audrey worked with ACTI interns to prepare hot soup, peanut butter and jelly sandwiches, and Halloween treats to 170 individuals at Jackson House Tuesday's free lunch. Thank you UU volunteers for helping those in need of this vital service provided by the Jackson House. Without the contributions provided to their agency, many people would be without a resource for housing assistance, clothing, medicine expenses, and provision of meals.

The Jackson House has additional volunteer opportunities. Contact their volunteer coordinator at 501-623-4048.



From left, Linda, Dorothy, John, Pat, Sunny, and Audrey at Jackson House.

CIRCLE SUPPERS HOSTED DURING THE MONTH OF OCTOBER

Jessica Dicus and Audrey Smelser hosted October's circle supper at the church on the

13th. It was a rainy, rainy night in Hot Springs; but fun was had with food and company. Thank all of you who weathered the storm to come out to socialize. A recipe of the night's culinary dish is included for your enjoyment. Glad you came!



CHURCH MEMBER'S RECIPE

Curry Chicken and Rice

4 chicken breasts (cut up in small pieces)

2 celery stalks (cut up)

½ large onion or one small onion

1 apple

1 cup croutons

½ cup raisins

½ cup apple juice (more if you like a stew instead of chutney)

2 teaspoons of curry powder (more if you really like curry)

Salt and pepper to taste

2 teaspoons of brown sugar

Directions: Cut up chicken breasts into bite size pieces. Place in crockpot on high setting. Mix together croutons, curry, brown sugar, raisins, chopped up celery, and onion. Place in crockpot on top of chicken. Add apple juice. Place lid on crockpot. Cook on high 2 to 3 hours or 6 hours on low. Make rice 20 minutes before ready to serve. Serve curry chicken over rice.

Eat at your own risk!

CIRCLE SUPPER AT JOE'S AND ALLEN ON OCTOBER 27TH

Joe and Allan hosted a wonderful gourmet six course meal at their home. Those of us who of

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us who signed up for their supper experienced a superb meal! We all enjoyed visiting and experiencing the meal together. Thanks Joe for your cooking and Allen for your hospitality.



Jessica, Matt & Joe



From left: Audrey, Casey, Jessica, and Matt



Judy, Lynn, and Allen



Joe's beautiful center piece!



Allen, mystery person, and Joe at Halloween Party



SPOTLIGHT ON CHURCH MEMBER



Our very talented Rebecca Bingham plays the piano and cello, officiates wedding, teaches social media workshops, and

travels the world as a professional travel writer. She firmly believes that staying perpetually curious prevents burnout and fuels a zest for life.

Rebecca grew up in Monroe, Louisiana where music filled the family home. Her father, having earned in doctorate in choral education from Vanderbilt, taught music and conducted choirs at two state universities, and sang operas professionally in major cities throughout the South and Southwest. Her mother, an organ and piano major at Agnes Scott College and the University of Tennessee, taught private piano and children's choirs until Rebecca and her siblings went away to school.

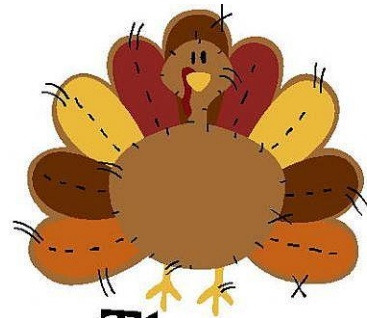
Because of her love of music and a desire to help people, Rebecca earned an orchestra scholarship from the Louisiana State University, where she also studied probation and parole. After her graduation, she worked as the marketing and public Relations director for City of Faith, a group of half-way houses in LA and AR--- a job which opened the door to her writing career.

Inspired by the courage and determination of halfway houses residents, Rebecca emailed anonymous versions of their stories to family and friends. She wrote about the stories behind the inmates at the half-way house. The editor of the local paper found the stories compelling enough to hire Rebecca as a stringer to business profiles. In 2002, Rebecca expanded her freelance work with the newspaper to include a monthly travel column. Since then, her writing has been

featured in hundreds of articles for national and international publications.

Rebecca parlayed her love of music into another part-time business during college. Whenever her own string quartet was already booked for a date, clients asked her to recommend someone else. To meet their needs, Rebecca started her own business contracting regional musicians for wedding d special events. She now represents nearly 100 performing artists in Arkansas.

Rebecca is currently writing a book entitled, Finding Home: Finding Comfort in a World of Chaos. She recently became a UU member of our church, where we are lucky to share her talent. Welcome, Rebecca!



Happy Thanksgiving

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Please send any suggestions for Newsletter to Audrey at crowha07@sbcglobal.net

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 Sunny Austin "Vote said the Lady with an	5 Purse (cont. speaker)	6 Craft Night	7	8 Birds Choir Practice	9 Support Group	10
11 Bob VanHook "Living with an Alternative	12	13 Craft Night	14	15 Birds Choir Practice	16 Support Group	17
18 Thanksgiving Service-Music Ensemble	19	20 Craft Night	21	22 Thanksgiving Holliday	23 Support Group	24
25 Jessica Dicus "Love yourself".	26	27 Craft Night	28	29 Birds Choir Practice	30 Support Group	