

# InSpirit

February 2018

## Unitarian Universalist Church of Hot Springs

100 Norwalk, Hot Springs, AR 71901  
(at the corner of Norwalk and Spring St.)



The UU church of Hot Springs is a certified *Welcoming Congregation*. We welcome you, whoever you are, or whatever the birthplace of your ancestors. We welcome you whether you are young or old, man or woman. We welcome you no matter what your spiritual beliefs or physical needs. We welcome you, whomever you love. May you find the warmth and connection you seek here.

### **February 2018 Services**

10am Meet and Greet  
Services start at 10:30am

#### **Feb 4**

Jesse Davis  
*Mindfulness in the Age of Trump*

#### **Feb 11**

Sarah Burns  
*Lessons in Love: A Poetry Reading*

#### **Feb 18**

Reverend Bud Hearn  
*The Religious Implications of Artificial Intelligence*

#### **Feb 25**

Reverend Mark Walz  
*Standing on the Side of Love*

### **Religious Exploration**

Meet on the 1<sup>st</sup> and 3<sup>rd</sup> Sundays from 9am-10am. Join us to watch and discuss various TED Talks. Feel free to bring suggestions for TED Talk Topics you would like to recommend.

### **Wisdom Seekers Group**

Meets on the 2nd and 4th Sundays from 9am-10am at the church. All are welcome; please join us for our book discussion whether or not you have read the book. We are reading "A Chosen Faith".

### **Birds' Practice Sessions**

Sing with the Birds every Thursday at 5:15pm to practice our songs for upcoming services @ the church.

## February 2018 President's Update

February is the Love Month. So, it makes me think about how much I love our church family! I love the fact that I have found my tribe. We are what's classified as a "family sized church". This means we are close knit and everyone has responsibilities and value.



The board needs to hear your thoughts. Here are a couple questions I have for now. Please send me your thoughts, questions, and ideas via email this month.

1. What comes next? We paid off our mortgage! Yay! Now what improvements need to be done on our property?
2. Would you like to attend out of town conferences, assemblies, and cluster meetings?
3. Are you interested in being a board member next term? We all need to work where we fit best. If not, where do you fit best?
4. What can we do to offer a dynamic children's RE program? Will you be a teacher now and then?
5. Shall we continue having a potluck once or twice a month?
6. Do you have suggestions for Sunday programs? Phone
7. numbers or email addresses of potential speakers?

Happy St. Valentine's Day,

Carol Stanfill, president

♥ **HAPPY**  
*Valentine's*  
**DAY** ♥

### LOVE IS

Some people forget that love is  
tucking you in and kissing you  
'Good night'  
no matter how young or old you are

Some people don't remember that  
love is  
listening and laughing and asking  
questions  
no matter what your age

Few recognize that love is  
commitment, responsibility  
no fun at all  
unless

Love is  
You and me

Nikki Giovanni – Love Poems

# Social Justice and Community Events

## Garland County Library

FREE ALL AGES EVENT  
Tuesday, February 13, 2018  
5:30 PM - 6:30 PM

In 1957, a little more than 60 years ago, nine African American teenagers integrated Central High School in Little Rock, Arkansas. This was three years after segregation in public schools was banned by the Supreme Court. The law was on their side. The people of the community were not.



On the first day of school, when those nine students arrived at Central High School, mobs of angry white protesters stood at the entrance, ready to do anything to stop them from entering. The nine students didn't get in that day, but they did not give up. They eventually enrolled in that high school, but every day they were beat up, spit upon, called names, and generally harassed – just because of the color of their skin.

Professional Storyteller, Linda Gorham, will bring the story of the Little Rock Nine to life at the Garland County Library on Tuesday, February 13th at 5:30 p.m. by telling their story through the eyes of Daisy Bates, President of the Little Rock NAACP, Alex Wilson, an African American news reporter, and the students themselves. This program was developed as part of a grant by the Chicago Tribune Freedom Museum. It incorporates a power point of photos from the University of Arkansas archives.

This program is free and open to the public, but advance registration is required. [Click Here](#) to register or visit the Garland County Library Website.



January 30th we made and served 152 sack lunches. The peanut butter and jelly sandwich making detail were Jesse and John. Linda and Marianna were on cracker detail, Ricko was the counter and bag stuffer detail and Dorothy sat in a chair and opened sandwich bags. We had two students that counted out the 152 bags and warmed the soup (chili and chicken noodle) and Linda helped them ladle it up into cups.

Thank you volunteer team you did a great job!

Dorothy M. Dierks Clark  
Social Justice

## UU Church of Hot Springs Women



MARCH ON, ARKANSAS! MARCH ON THE POLLS 2018  
OUR UU WOMEN AND FRIENDS MARCHED IN LITTLE ROCK ON JANUARY 21, 2018 IN  
SUPPORT OF WOMEN'S JUSTICE ISSUES.



On Wednesday, January 24<sup>th</sup>, our Women's Group got together at Mueller's Bistro and Bakery to see Jane Hufstедler who was in town with her husband Geary visiting from Fredrick, MD. It was a morning of good food, friendship and conversation!



**“If you really want to make a friend, go to someone’s house and eat with him...the people who give you their food give you their heart.”**

**-Cesar Chavez**



## **POTLUCKS - EVERY 4<sup>th</sup> Saturday after Church**

Our potlucks are a great way to get to know our church family! There has been some confusion about when we do them, so as a reminder, every 4<sup>th</sup> Sunday, downstairs in the church. Bring whatever you like, homemade or store bought, sweet or savory, and dig in to good food while sharing in fellowship with our members and friends.

## **Circle Supper**

**Saturday, February 10<sup>th</sup>, 6pm**

Each month one or more members open their homes for us to enjoy food and fun together. Typically, the host provides the main course and everyone else brings an accompaniment.

Claire Beam has offered her home for a Valentine themed Circle Supper open to everyone. Claire invites everyone to bring an appetizer or something to drink as well as a love poem, story or anecdote to share. Please RSVP to Claire by phone (501) 282-8472. Hope to see you there and a big thank you to Claire.

Volunteers for hosting other Circle Suppers please contact Sunnye (903-319-8131)



### **Mary Beth’s Slaw via Judy Borland via Ann Hair**

1 head cabbage, chopped or shredded (or buy a big bag of it)

1 sweet onion chopped

1 bell pepper chopped (I like to use red, yellow or orange.)

Place in bowl and make a well in the middle. Combine 1/2 cup wine or tarragon vinegar, 1/2 cup olive oil, 1/4 cup sugar (I use Splenda...less than this measure calls for.)

Add 1 teaspoon of the following: salt, pepper, basil, marjoram, oregano, thyme, tarragon, and 1/2 teaspoon of celery salt, and garlic powder. Add just a little rosemary, crushed.

Combine all dressing ingredients and pour into the “well” for 3-4 hours until serving time. You may make this one day ahead. Since there is no mayonnaise, this can be safely used for summer cookouts and picnics.

## February 2018 Calendar

Sunday	Mon	Tue	Wed	Thur	Fri	Sat
 <p style="text-align: center;">February is Black History Month</p>				<b>1</b> <b>Birds Practice</b> <b>5:15pm</b> <b>@church</b>  National Freedom Day	<b>2</b> Groundhog's Day  National Wear Red Day  Candlemas  World Wetlands Day	<b>3</b>
<b>4</b> <b>9am</b> Religious Exploration  <b>10:30am</b> <b>Jesse Davis</b> Mindfulness in the Age of Trump  Rosa Parks Day  World Cancer Day	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> <b>Birds Practice</b> <b>5:15pm</b> <b>@church</b>	<b>9</b>	<b>10</b> <b>Circle</b> <b>Supper</b> at <b>Claire's</b> <b>6pm</b>
<b>11</b> <b>9am</b> Wisdom Seekers  <b>10:30am</b> <b>Sarah Burns</b> Lessons in Love: A Poetry Reading  World Day of the Sick	<b>12</b> Lincoln's Birthday	<b>13</b> Maha Shivaratri  Mardi Gras	<b>14</b> St. Valentine's Day  Ash Wednesday (Lent Begins)	<b>15</b> <b>Birds Practice</b> <b>5:15pm</b> <b>@church</b>  Lupercalia  Susan B Anthony's Birthday	<b>16</b> Chinese New Year	<b>17</b> Random Act of Kindness Day
<b>18</b> <b>9am</b> Religious Exploration  <b>10:30am</b> <b>Rev. Bud Hearn</b> The Religious Implications of Artificial Intelligence	<b>19</b> Presidents' Day  Daisy Gatson Bates Day	<b>20</b>	<b>21</b>	<b>22</b> <b>Birds Practice</b> <b>5:15pm</b> <b>@church</b>	<b>23</b>	<b>24</b>
<b>25</b> <b>9am</b> Wisdom Seekers  <b>10:30am</b> <b>Rev. Mark Walz</b> Standing on the Side of Love  <b>Potluck After Church</b>	<b>26</b>	<b>27</b>	<b>28</b>			

## Volunteer List of Go-To People

<i>Volunteer Assignment</i>	<i>Name</i>
Adult RE	Alan
Children's RE	Carol, Oliver, Audrey, Sarah, Akau, Rocky, Dee, Charlotte, Claire, Ann, Tiffany
Circle Supper Coordinator	Sunnye
Coffee, prepare and stock supplies	Tiffany, John, Hazel
Facebook Group, Email Distribution	Carol
Film Fests	Sheri
Grounds, mowing, gardening	Martinez family, Carol, Linda, Jesse
Kitchen organization, supplies, fridge	Sheri, Hazel, Bai, Sunny, Audrey
Librarian	Joy
InSpirit Editor, Membership Directory	Eileen
Maintain building, repairs	John, Oliver, Linda, Jesse
Music, Choir	Joe, Jason
Nominating Committee 2018	Oliver, Alan, Sunnye
Pastoral Care	Hazel, John, Claire, Jason
Pews, restock and organize	Ann, Audrey, Nico and Joe M.
Rummage Sale 2018	Oliver, Ann
Sanctuary supplies, décor, flowers	Joe
Social Justice, Social Action	Dorothy, Tiffany, Carol, Charlotte
Sound, AV equipment	John, Eileen, Joe
Street Clean-up	Dee, Rob, Rocky
Website	Rob, Carol, Webmaster: Dan Watson

### Children's RE

Teachers: Carol, Oliver, Audrey, Sarah, Akau, Rocky, Dee, Charlotte, Claire, Ann, Tiffany

### Board Members, 2017-20018

Ann, Carol, Dorothy, Joe, John, Linda

If you are interested in volunteering, please contact Carol or ask any member – we'll happily put you to work!