

# InSpirit

September 2017

## Unitarian Universalist Church of Hot Springs

100 Norwalk, Hot Springs, AR 71901  
(at the corner of Norwalk and Spring St.)



The UU church of Hot Springs is a certified *Welcoming Congregation*. We welcome you, whoever you are, or whatever the birthplace of your ancestors. We welcome you whether you are young or old, man or woman. We welcome you no matter what your spiritual beliefs or physical needs. We welcome you, whomever you love. May you find the warmth and connection you seek here.

### **September 2017 Services**

10am Meet and Greet  
Services start at 10:30am

**September 3<sup>rd</sup>**  
Trevor Lewin –  
Sabbath, Give Me a Break!

**September 10<sup>th</sup>**  
Linda Puckett –  
Water Communion

**September 17<sup>th</sup>**  
Chuck Argo –  
The Middle East

**September 24<sup>th</sup>**  
Jesse Davis –  
Growing Up Weird in  
Arkansas

### **Wisdom Seekers Group**

Meets on the 2<sup>nd</sup> and 4<sup>th</sup> Sundays from  
9am-10am at the church. All are welcome;  
please join us for our book discussion  
whether or not you have read the book. We  
are reading “A Chosen Faith”.

### **Religious Exploration**

Meet on the 1<sup>st</sup> and 3<sup>rd</sup> Sundays from 9am-  
10am

Join us to watch and discuss various TED  
Talks. Feel free to bring suggestions for  
TED Talk Topics you would like to  
recommend.

### **Birds' Practice Sessions**

Sing with the Birds every Thursday at  
5:15pm to practice our songs for  
upcoming services @ the church.

## September 2017 President's Update



Current events in America are on the front of my mind. I just keep thinking that now, more than ever, we need to get our UU message out to the world. There are a lot of white supremacists out there, who are spreading a terrible message. This is not our America!

I recently watched a documentary about how many immoral groups are alive and well in Arkansas! The really sad part is that they are teaching their children to hate anyone who is outside their cult. Children's minds are forming and very open to the messages of the adults around them. We have a wonderful group of Children's R.E. teachers in our church, working

hard to support parents, teaching U U principles to our youth.

We can lead by example as we move about our community, teaching others that this notion that one group is superior to another is very wrong! I hope everyone will get involved in our church activities as well as our nation to promote peace, love, and tolerance at all times!

Carol Stanfill, President

## Jackson House Team



On August 29, these members from our church served 160 lunches to people in need. Every fifth Tuesday, you can get involved as well. Please contact Dorothy for more information!

**From Left to Right: Laura, Judy, Charlotte, Dorothy, Linda, Carol**

**Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you, and the storms their energy, while cares will drop off like autumn leaves. ~John Muir**

### **Movie Fest:**



On the 4<sup>th</sup> Friday of each month, potluck at 5:30pm, movie at 6:30pm. This month's movie is "O Brother, Where Art Thou?"

### **Rummage Sale**

The annual church sale will be held this year on September 15<sup>th</sup> and 16<sup>th</sup>. Set up for the sale will be on the 12<sup>th</sup>, 13<sup>th</sup> and 14<sup>th</sup>.

There is a sign up sheet downstairs at the church. We will need all the help we can get. Also if anyone has a pickup we can use to move large items it would be appreciated. Should be a bit easier this time as we aren't taking clothing this year.

### **Circle Supper:**

**Sept. 30 at 6pm**

You won't want to miss this! All church, all ages and friends and family barbeque at the Stanfill's home\*! We will be outdoors some.

Bring whatever you would like to barbeque/grill, if anything. Also, we will have wine in boxes, beer, and water! Bring other drinks, if you wish. Carol and Charlie will provide salads, s'mores, condiments, chips, paper plates, etc. (Bring your own plates and silverware, if you are morally against plastic and paper).

Some suggested fun stuff to bring: musical instruments, skates, hula hoops, balls, bocce ball, croquet, lawn chairs ( we have about 12), and anything else for a picnic.



97 Woodland Springs Drive, Mount Ida, 501-538-5816. Keep in mind we are NOT in Mount Ida, though. We are on the Garland/Montgomery county line off Hwy 270, first right turn as you come the 18 miles from Hot Springs.

## UU Women

Special Luncheon for our UU Women, September 13, 11:45, Wednesday, at the Culinary Arts Institute. We have a table for eight reserved. So, far, these gals have signed up: Ann, Linda, Sara N., Clarice, Audrey, Charlotte, and Carol. Let Carol know if you would like to join us. We can usually add others and some may cancel. \*Suggested \$20 donation price

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Culinary Arts and Hospitality Management Institute  
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## Hurricane Harvey Relief

The UUA has a webpage dedicated to donations for the hurricane victims. Please visit <https://giving.uua.org/harvey-floods> for more information.

## August Rock Painting

On August 19, UU members gathered at the church for a creative rock painting session. The following Sunday, the children's group got involved and helped add to the colorful rock collection. These small artworks will be distributed publicly throughout Hot Springs in random locations to give those that find them a whimsical treat!



## A Note from Jane and Geary Hufstedler

Greetings from Frederick, Maryland! The Hufstedlers have purchased a town home in downtown Frederick. Our new address is 212 S Market St, Frederick, MD 21701.

We are very happy with it, and after a few cosmetic changes we hope to be moved in and settled by October. At that point we invite you to make a visit to our lovely town! We are eager to host good friends and share the beauty of our home town.

We will add that the cost of living in Hot Springs is mighty attractive after what we are experiencing here. To register our one car and get our MD driver licenses was almost \$600. Our taxes rose to several thousand dollars a year versus the few hundred we paid in Hot Springs.

Marlo and Libbie have settled in well to city life. They love the twice daily walks in the town parks and while they are still excitable by other dogs, some people, skateboards and bicycles, they seem to be adjusting.

We plan to become members of the Unitarian Universalist Congregation of Frederick, in September. The delay has been missing the other quarterly new member classes, held when we were out of town. It is a lovely congregation with an outstanding and brilliant minister, Rev Dr Carl Gregg. He is also facilitating a summer series of "resistance" book discussions. We attended the discussions for 1984 and The Handmaids Tale. The final book in the series is The Parable of the Talents, by Octavia E Butler. I was not familiar with this author or book. She also wrote The Parable of the Sower, which he encouraged us to read as well. This is definitely NOT light summer reading. However the discussions have been quite interesting and he ties in how we can respond to similar events in our world today.

Sep 2, we will be in San Francisco attending the wedding of Hannah Walker, Andy's oldest daughter. We look forward to this poignant time with family and dear friends.

Darla and Ross are currently in Santiago, Chile for 10 days, skiing the Andes and traveling by car over the mountains into Argentina. Brittany, her daughter, is headed to Thailand for a six week Yoga certification program, Niko is taking a gap year from college and will travel throughout Asia for six months. Riley is changing her major to Music Therapy, hoping to work with kids suffering from diseases like cancer, Jim has moved back to Monteverde where Elena will be a senior at the Friends School this fall, David and Paul are living the good life in downtown San Francisco, and we are enjoying wonderful times with daughter Elizabeth husband John and kiddos, Johnny, 16 and Andy, 11, who live about 35 minutes away.

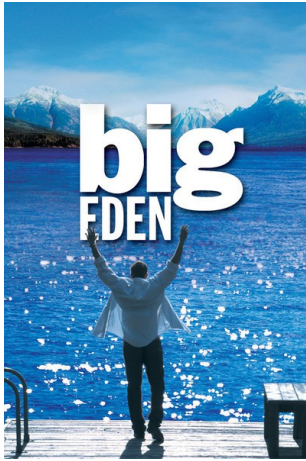
We miss you guys very much and speak of you often. We hope to see many of you for visits this fall and into the new year.

**Love to all,  
Jane and Geary**

## Hot Springs LGBT Alliance

### Movie Night and Potluck

September 24<sup>th</sup>, 4pm



(Potluck at 4pm, please bring a dish to pass. Movie to follow.)

This month's movie will be Big Eden, rated PG-13. Big Eden is a tiny fictional town in northwestern Montana, as Preston Sturges or Frank Capra might have envisioned it. Timber and Cowboy country. This is the story of Henry Hart, a successful New York Artist, who returns to the town of his childhood to care for the ailing grandfather who raised him. Back in Big Eden, Henry must come to terms with his relationship to Dean Stewart, his best friend from high School, as well as the object of his unrequited love. All these years Henry has been pining for a

dream image of Dean from back then. This is also the story of Pike Dexter, the shy, unassuming Native American owner of the town's general store, who is as surprised as anyone to find himself falling in love with Henry. The people of Big Eden conspire and attempt to bring Henry and Pike together.

## Russian Mushroom and Potato Soup

<http://allrecipes.com/recipe/80773/russian-mushroom-and-potato-soup>

5 tablespoons butter, divided

2 leeks, chopped

2 large carrots, sliced

6 cups chicken broth

2 teaspoons dried dill weed

2 teaspoons salt

1/8 teaspoon ground black pepper

1 bay leaf

2 pounds potatoes, peeled and diced

1 pound fresh mushrooms, sliced

1 cup half-and-half

1/4 cup all-purpose flour

fresh dill weed, for garnish (optional)

Melt 3 tablespoons butter in a large saucepan over medium heat. Mix in leeks and carrots, and cook 5 minutes. Pour in broth. Season with dill, salt, pepper, and bay leaf. Mix in potatoes, cover, and cook 20 minutes, or until potatoes are tender but firm. Remove and discard the bay leaf.

Melt the remaining butter in a skillet over medium heat, and saute the mushrooms 5 minutes, until lightly browned. Stir into the soup.

In a small bowl, mix the half-and-half and flour until smooth. Stir into the soup to thicken. Garnish each bowl of soup with fresh dill to serve.



## September 2017 Calendar

Sunday	Mon	Tues	Wed	Thur	Fri	Saturday
					<b>1</b> Eid Al-Adha	<b>2</b> Eid Al-Adha
<b>3</b> Trevor Lewin – Sabbath, Give Me a Break!  Religious Exploration -9am  Eid Al-Adha	<b>4</b> Labor Day	<b>5</b> 3pm Board Meeting	<b>6</b>	<b>7</b> Birds Practice 5:15pm @ church	<b>8</b>	<b>9</b>
<b>10</b> Linda Puckett – Water Communion  Wisdom Seekers 9am  Suicide Prevention Day	<b>11</b> Patriot Day	<b>12</b>	<b>13</b> 11:45am UU Women's Luncheon	<b>14</b> Birds Practice 5:15pm @ church	<b>15</b> Rummage Sale 8am-4pm	<b>16</b> Rummage Sale 8am-4pm
		<b>Rummage Sale Setup Days</b>				
<b>Garland County Fair September 11th-17th</b>						
<b>17</b> Chuck Argo – The Middle East  Religious Exploration 9am	<b>18</b>	<b>19</b> Talk Like a Pirate Day	<b>20</b>	<b>21</b> Birds Practice 5:15pm @ church	<b>22</b> First Day of Fall	<b>23</b>
		<b>Rosh Hashana</b>				
<b>24</b> Jessie Davis – Growing Up Weird in Arkansas  Wisdom Seekers 9am  LGBT Movie – Big Eden @church 4pm	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b> Birds Practice 5:15pm @ church	<b>29</b>	<b>30</b> Yom Kippur  BBQ @ Carol and Charlie's 6pm

## Volunteer List of Go-To People

<i>Volunteer Assignment</i>	<i>Name</i>
Adult RE	Alan
Children's RE	Carol, Oliver, Audrey, Sarah, Akau, Rocky, Dee, Charlotte, Claire, Ann, Tiffany
Circle Supper Coordinator	Sunnye
Coffee, prepare and stock supplies	Tiffany, John, Hazel
Facebook Group, Email Distribution	Carol
Film Fests	Sheri
Grounds, mowing, gardening	Martinez family, Carol, Linda, Jesse
Kitchen organization, supplies, fridge	Sheri, Hazel, Bai, Sunny, Audrey
Librarian	Joy
InSpirit Editor, Membership Directory	Eileen
Maintain building, repairs	John, Oliver, Linda, Jesse
Music, Choir	Joe, Jason
Nominating Committee 2018	Oliver, Alan, Sunnye
Pastoral Care	Hazel, John, Claire, Jason
Pews, restock and organize	Ann, Audrey, Nico and Joe M.
Rummage Sale 2018	Oliver, Ann
Sanctuary supplies, décor, flowers	Joe
Social Justice, Social Action	Dorothy, Tiffany, Carol, Charlotte
Sound, AV equipment	John, Eileen, Joe
Street Clean-up	Dee, Rob, Rocky
Website	Rob, Carol, Webmaster: Dan Watson

Children's RE  
Teachers: Carol, Oliver, Audrey, Sarah, Akau, Rocky, Dee, Charlotte, Claire, Ann, Tiffany

Board Members, 2017-20018  
Ann, Carol, Dorothy, Joe, John, Linda

If you are interested in volunteering,  
please contact Carol or ask any member – we'll happily put you to  
work!