

InSpirit

August 2017

Unitarian Universalist Church of Hot Springs

100 Norwalk, Hot Springs, AR 71901
(at the corner of Norwalk and Spring St.)



The UU church of Hot Springs is a certified *Welcoming Congregation*. We welcome you, whoever you are, or whatever the birthplace of your ancestors. We welcome you whether you are young or old, man or woman. We welcome you no matter what your spiritual beliefs or physical needs. We welcome you, whomever you love. May you find the warmth and connection you seek here.

August 2017 Services

10am Meet and Greet
Services start at 10:30am

Aug. 6

Bob VanHook

The Unholy Bible

Aug. 13

Dave Welch

I Know a Way Out of Hell

Aug. 20

Pat Farnan

Loving Unconditionally:
Creating Healthy
Relationships

Aug. 27

Rebecca McCormick

The Mirror Effect

Wisdom Seekers Group

Meets on the 2nd and 4th Sundays from
9am-10am at the church. All are welcome;
please join us for our book discussion
whether or not you have read the book.

Religious Exploration

Meet on the 1st and 3rd Sundays from
9am-10am

Join us to watch and discuss various
TED Talks. Feel free to bring
suggestions for TED Talk Topics you
would like to recommend.

Birds' Practice Sessions

Sing with the Birds every Thursday at
5:15pm to practice our songs for
upcoming services @ the church.

August 2017 President's Update



Well, August means "back to school", birthdays for Charlie and me (just one day between them), and working with our new board. We had our first board meeting July 25. What a great group!

We had a congregation meeting on the 5th Sunday in July. Thanks to all who participate in governing our church. I think it's great to be able to make our own decisions as a "family sized church". We rely on each other, which

strengthens our fellowship.

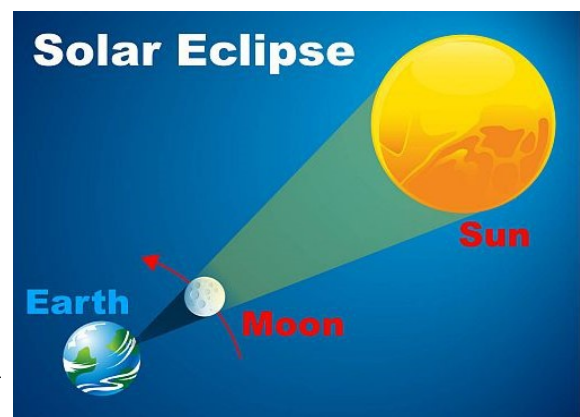
Don't forget to watch the meteor showers peaking from August 9-13 and the Solar Eclipse on August 21 between 11:50 and 1:00. Kids and teens, be sure to attend church on August 6 when I will teach about these wonders and provide NASA approved glasses for you to use Aug. 21. If you must be absent, I will save your glasses for you.

Enjoy our Arkansas summer!

Carol Stanfill, president

"Zeus, the father of the Olympic Gods, turned mid-day into night, hiding the light of the dazzling Sun; and sore fear came upon men."

Archilochus (c680-c640 BC), Greek poet



Movie Fest:

On the 4th Friday of each month, potluck at 5:30pm, movie at 6:30pm.

Circle Supper:

Please Contact Sunnye Davis if you are interested in hosting a Circle Supper.

Help!

UU's - Jackson House needs nonperishable foods. They have been hit hard by families needing food this summer and are asking for help from the community to replenish supplies. Please bring nonperishable food items to church to share with our community families. . We will take the food to Jackson House, on the day we prepare and serve sack lunches Tuesday, August 29th.

The LGBT Alliance will be showing the Rocky Horror Picture Show on August 13, at 4pm.



A loving couple, a few lost monsters and a sweet transvestite from Transylvania sing and dance through a campy, sloppy salute to horror movies and sexual liberation. Bring your sense of humor. And some toast.

Released 1975 - Rated R

UU Women

Please contact Carol if you have an idea for Women's Group or would like to host an event or gathering. Carol will send out an email when something is scheduled.

Concert at UU Village Church, ~7pm

Meditation brings wisdom; lack of meditation leaves ignorance. Know what leads you forward and what holds you back and choose the path that leads to wisdom.

~The Buddha

Recipe of the Month

A Number One Egg Bread

Recipe from Kevin Ryan via AllRecipes.com
<http://allrecipes.com/recipe/6879/a-number-one-egg-bread/>

"This makes all other egg breads look weak. I learned the recipe from two older ladies in Hawaii. This makes the best bread pudding and french toast imaginable. Try cutting it in chunks and dipping it in fondue---WOW!"

Ingredients

- 2 (.25 ounce) packages active dry yeast
- 2/3 cup warm water (110 degrees F/45 degrees C)
- 6 egg yolks
- 3 eggs, room temperature
- 1/2 cup vegetable oil
- 1/4 cup white sugar
- 1 teaspoon salt
- 4 1/2 cups all-purpose flour
- 1 egg
- 1 pinch salt



Directions

1. In a large bowl, dissolve yeast in water. Stir in the yolks, 3 eggs, oil, sugar, and salt. Add about 3-1/2 cups of flour to make a sticky dough.
2. Turn dough out onto a lightly floured surface. Knead with remaining flour until smooth and elastic, about 7 minutes. Place in a well oiled bowl, and turn to oil the entire surface of the dough. Cover with a damp cloth. Place in a warm place until double in size, about 1-1/2 hours.
3. Punch down the dough, and divide into 3 pieces. Roll each piece into a rope about 12 inches long. Braid the three strands together, and seal the ends. Place the bread on a greased cookie sheet. Beat the remaining 1 egg with a pinch of salt; brush onto bread. Let the bread rise until doubled, about 45 minutes.
4. Preheat the oven to 375 degrees F (190 degrees C). Brush the bread with eggwash again.
5. Bake for 40 minutes, or until golden. Cool on a wire rack.

August 2017 Calendar

Sunday	Mon	Tues	Wed	Thur	Fri	Saturday
		1	2	3 Birds Practice 5:15pm @ church	4	5
6 Bob VanHook The Unholy Bible 9am - Religious Exploration	7	8	9	10 Birds Practice 5:15pm @ church	11	12
13 Dave Welch I Know a Way Out of Hell HS LGBT Alliance Rocky Horror Picture Show 4pm @ church 9am – Wisdom Seekers	14	15	16	17 Birds Practice 5:15pm @ church	18	19
20 Pat Farnan Loving Unconditionally: Creating Healthy Relationships 9am - Religious Exploration	21 Solar Eclipse 11:50a to 1pm	22	23	24 Birds Practice 5:15pm @ church	25 Movie Night 5:30 potluck, 6:30 movie @church	26
27 Rebecca McCormick The Mirror Effect 9am – Wisdom Seekers	28	29	30	31 Birds Practice 5:15pm @ church		

Volunteer List of Go-To People

<i>Volunteer Assignment</i>	<i>Name</i>
Adult RE	Alan
Children's RE	Carol, Oliver, Audrey, Sarah, Akau, Rocky, Dee, Charlotte, Claire, Ann, Tiffany
Circle Supper Coordinator	Sunnye
Coffee, prepare and stock supplies	Tiffany, John, Hazel
Facebook Group, Email Distribution	Carol
Film Fests	Sheri
Grounds, mowing, gardening	Martinez family, Carol, Linda, Jesse
Kitchen organization, supplies, fridge	Sheri, Hazel, Bai, Sunny, Audrey
Librarian	Joy
InSpirit Editor, Membership Directory	Eileen
Maintain building, repairs	John, Oliver, Linda, Jesse
Music, Choir	Joe, Jason
Nominating Committee 2018	Oliver, Alan, Sunnye
Pastoral Care	Hazel, John, Claire, Jason
Pews, restock and organize	Ann, Audrey, Nico and Joe M.
Rummage Sale 2018	Oliver, Ann
Sanctuary supplies, décor, flowers	Joe
Social Justice, Social Action	Dorothy, Tiffany, Carol, Charlotte
Sound, AV equipment	John, Eileen, Joe
Street Clean-up	Dee, Rob, Rocky
Website	Rob, Carol, Webmaster: Dan Watson

Children's RE
Teachers: Carol, Oliver, Audrey, Sarah, Akau, Rocky, Dee, Charlotte, Claire, Ann, Tiffany

Board Members, 2017-20018
Ann, Carol, Dorothy, Joe, John, Linda

If you are interested in volunteering,
please contact Carol or ask any member – we'll happily put you to
work!