

# InSpirit

April 2017

## Unitarian Universalist Church of Hot Springs

100 Norwalk, Hot Springs, AR 71901  
(at the corner of Norwalk and Spring St.)



The UU church of Hot Springs is a certified *Welcoming Congregation*. We welcome you, whoever you are, or whatever the birthplace of your ancestors. We welcome you whether you are young or old, man or woman. We welcome you no matter what your spiritual beliefs or physical needs. We welcome you, whomever you love. May you find the warmth and connection you seek here.

Eileen G. Martinez – InSpirit Editor

### April 2017 Services:

**April 2<sup>nd</sup>** - Bud Hearn "Easter: Resetting Our GPSs in a Multicultural World"

**April 9<sup>th</sup>** - Pat Farnan The Human Toll of SB 774

**April 16<sup>th</sup>** - Jesse Davis "Vietnam: The War that Killed Trust, based on an essay in NYT about how the legacy of the war still shapes America"

**April 23<sup>rd</sup>** - Ron Kew, representing the Audubon Society, will speak on "A Bird in the Hand and a Bush in Your Yard."

**April 30<sup>th</sup>** – Eileen Martinez – Creative Fertility – Beltane Celebration

### Religious Exploration

Meet on the 1<sup>st</sup> and 3<sup>rd</sup> Sundays from 9am-10am

Join us to watch and discuss various TED Talks. Feel free to bring suggestions for TED Talks you would like to recommend.

### Wisdom Seekers Group

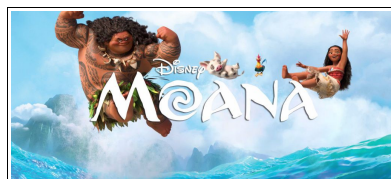
Meets on the 2<sup>nd</sup> and 4<sup>th</sup> Sundays from 9am-10am at the church. This month, we will continue to discuss the book, What Money Can't Buy: The Moral Limits of Markets by Michael J. Sandel

### Birds' Practice Sessions

Sing with the Birds every Thursday at 5:15pm to practice our songs for upcoming services @ the church.

### Movie Matinee:

On the 4<sup>th</sup> Saturday of each month, at 2pm.  
April's movies will be on the 22<sup>nd</sup>! Please join us for a family friendly event – we will be running two movies, "Hidden Figures" on the projector, Moana in the TV in the Wisdom Seekers room.



# Recipe of the Month:

## Cinnamon Baked French Toast

by Ree Drummond

(As made by Linda Puckett at her awesome sleepover and brunch!)

### Ingredients:

Butter, for greasing  
1 loaf crusty sourdough or French bread  
8 whole eggs  
2 cups whole milk  
1/2 cup whipping (heavy) cream  
1/2 cup granulated sugar  
1/2 cup brown sugar  
2 tablespoons vanilla extract

### Topping:

1/2 cup all-purpose flour  
1/2 cup firmly packed brown sugar  
1 teaspoon ground cinnamon  
1/4 teaspoon salt  
Freshly grated nutmeg  
1 stick cold butter, cut into pieces, plus more for serving  
Warm pancake syrup, for serving  
1 cup fresh blueberries, for serving



Group Photo of the Brunch crowd the morning after Linda Puckett's Sleepover! This recipe was a hit and all of our UU women in attendance had a great time!

Special equipment: 9-by-13-inch baking pan

For the French toast: Grease the baking pan with butter. Tear the bread into chunks, or cut into cubes, and evenly distribute in the pan. Crack the eggs in a big bowl. Whisk together the eggs, milk, cream, granulated sugar, brown sugar and vanilla. Pour evenly over the bread. Cover the pan tightly and store in the fridge until needed (overnight preferably).

For the topping: Mix the flour, brown sugar, cinnamon, salt and some nutmeg in a separate bowl. Stir together using a fork. Add the butter and with a pastry cutter, and mix it all together until the mixture resembles fine pebbles. Store in a re-sealable plastic bag in the fridge.

When you're ready to bake the casserole, preheat the oven to 350 degrees F. Remove the casserole from the fridge and sprinkle the topping over the top. Bake for 45 minutes for a softer, more bread pudding texture or for 1 hour or more for a firmer, crisper texture.

Scoop out individual portions. Top with butter and drizzle with warm pancake syrup and sprinkle with blueberries.

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## April President's Update



President's note:

I recently attended three different events, that had so few participants compared to past years. I do think that we, as a nation, can feel a general depression at times. We can all pull inward and feel hopelessness. We sometimes turn away from others in despair. But, especially now, we need our church family and

friends. Let's review our seven principles and remind ourselves who we are! We must get up out of our houses and participate fully. Especially now, let's get more involved in our government to make our wishes known. Especially now, let's participate by attending church and our many social functions. Let's do more volunteer work in our community. I truly believe Unitarian Universalists will fight for what is right and compassionate, forever. So, please read our newsletter, your emails, Facebook, and our webpage. Note on your calendar when we have Movie Saturday, UU Women, Circle Suppers, Sunday services, Sign Language Club, Gay Pride Alliance, etc. and participate often. Help others, and let us all know if you are in need. This is who we are!

Bill Moyers recently wrote on Facebook:

“Random acts of kindness can still make the day in the midst of a brutal culture, as my friend, Charles Bayer, of Claremont, California, says in his most recent column which coincidentally – or is it karma? – just reached me.”

“Every now and then I fall into near despair about what is happening in our nation. But from some unexpected source there is extended a friendly hand and I am yanked back to the reality that reminds me I live in a caring place with gracious neighbors.” Charles Bayer

The UU Church of Hot Springs is a “caring place with gracious neighbors.”

Namaste

Carol Stanfill, President

### THE SEVEN PRINCIPLES OF UNITARIAN UNIVERSALISM

We, the member congregations  
of the Unitarian Universalist  
Association, covenant to affirm  
and promote:

The inherent worth and dignity  
of every person

Justice, equity, and compassion in  
human relations

Acceptance of one another and  
encouragement to spiritual growth in  
our congregations

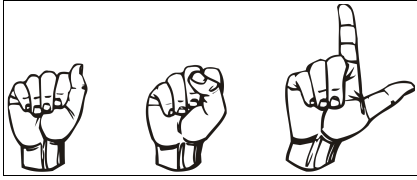
A free and responsible search  
for truth and meaning

The right of conscience and the use  
of the democratic process within our  
congregations and in society at large

The goal of world community with  
peace, liberty, and justice for all

Respect for the interdependent web of  
all existence of which we are a part

## Learn American Sign Language!



ASL Club will be held every Monday at 6pm downstairs at the church. See Tiffany Gonzales for more information.

## UU Women's Group

In order to encourage more participation, we have decided to just meet 2 or 3 times a month at various times. So, for April, we will play cards at Charlotte's home on April 18th at 2:30pm. On April 20th, all who wish to participate will be supporting the Single Parent Scholarship Program. Ann will sell you a ticket and give you all the details. This is a fun fashion show and luncheon. Maybe another lady will plan a fun activity the first part of April. Let Carol know.

From the Nominating Committee:  
We have an immediate need for nominees for officers for our church for next fiscal year. Our current board has worked very diligently to improve our church and to support its continuing missions. Help is needed. Those who would like to help should contact Dorothy Clark, Oliver Driver or myself, and let us know. I have copies of some job descriptions I will be happy to share with you.

Soon June will be here and it will be time to elect Church Officers for 2017-2018 period. Our officers include:

- President
- Membership Committee Chair
- Secretary
- Treasurer
- Program Chair/Values in Action Committee

Please think about how you would like to serve the church. Let me know which office you would consider.

John Nino  
Nominating Committee Chair  
[johnnino090@gmail.com](mailto:johnnino090@gmail.com) or 525-0907

## Hot Springs LGBT Alliance News!

*The purpose of Hot Springs LBGT Alliance is to develop and maintain a sense of community and awareness of, about and for lesbian, gay, bisexual and transgender persons and their allies throughout Garland County, Arkansas.*

**HSLGBT.org**

**March 31<sup>st</sup>** - the Alliance (HS LGBT Alliance) is holding a FUNdraiser (emphasis on fun!) 6pm at Phil's Restaurant. All are invited for some fun and fund raising plus food and soft beverages, BYOB for anything stronger.

**April 9** - The Alliance Movie Matinee, 2pm, Cabaret

**April 23** - The Alliance Picnic



## Adopt-a-Street Spring Clean-up Day

**April 30<sup>th</sup>, 9am**

Come join the Adopt-a-Street clean up crew at 9:00 a.m. on April 30th and help beautify our church neighborhood. Meet in the church community room downstairs and pick up safety vests, bags and grabbers, and we'll have a real good time!



## CIRCLE SUPPER

### Where UUs Dine, Discover and Discuss!

Thanks so much to our gracious hosts in March... Dorothy Clark and Charlotte and Alan Gold. All had a wonderful time, filled with great food and close conversation.

Gracious Hosts and Number of available seats at their tables. Time to be determined by hosts

**April 1** - Ann will be hosting - 520-0224 call or email her if you are attending. They have room for several more.

**April 8** - Claire will be hosting - 525-4521 All invited, let her know if you can attend.

Please contact a host to reserve your seat and to select your side dish for the occasion.



**One Day.  
One Easy Way to Give.  
April 6, 2017**

**April 6, 2017 - 8 am to 8 pm (ArkansasGives.org)**

**What is Arkansas Gives?**

Arkansans have a heart for giving. On April 6, 2017, let's join together to grow the love for our state's nonprofit organizations. Between the hours of 8 a.m. and 8 p.m., we're challenging all Arkansans to give to the charities of their choice.

**Bonus Dollars Help You Give More**

During this one-day event, each donation you give will help your favorite nonprofit organizations qualify for additional bonus dollars from Arkansas Community Foundation. All participating nonprofits will receive a portion of a pool of bonus dollars provided by Arkansas Community Foundation; the more a nonprofit raises, the more of the bonus dollars it will receive.

**Grow the Love**

Dozens of Arkansas charities will participate, and you can choose to give to the causes that mean the most to you. Imagine the impact of our entire state giving together! ArkansasGives is one day, one easy way to make your charitable dollars stretch farther and shower your favorite nonprofits with support. Good things are happening in Arkansas, and you can help the good grow!

Below you will find projects some of our members support – visit the website to decide if these or another are something you would like to financially support on this day which will result in more money for the project!



The mission of the Literacy Council of Garland County, a non-profit, is to **enhance success in daily life by building literacy skills.**

We provide **free tutoring** to any adult who wants to improve their literacy skills.

*You can change a life  
by giving the gift of literacy!*



**ArkansasGives is a 12-hour online giving event April 6<sup>th</sup>**

- 1) Search for our profile on the website [ArkansasGives.org](http://ArkansasGives.org)
- 2) Make your donation via a credit card on April 6<sup>th</sup> between the hours of 8am—8pm
- 3) Attend & GIVE during the ArkansasGives celebration at the home of Dorothy Morris on April 6<sup>th</sup> between 8am—8pm.
  - There will be food & lively entertainment all day!
  - Laura Lee, our Ex. Dir. (did you know she's a famous folksinger?!), will be performing between 5—6pm!
  - Join us & support your Literacy Council!



For more details, contact us at  
119 Hobson Avenue, Hot Springs, AR  
**501-624-7323**  
[www.LiteracyCouncil.xyz](http://www.LiteracyCouncil.xyz)

**Project Hope Teen Pregnancy Prevention Project**

**Mission**

The Teen Pregnancy Prevention Project is the outgrowth of a Project Hope committee established to reduce teen pregnancies and sexually transmitted infections (STI's) in Garland County, which currently rank among the highest rates in the nation. We are seeking start up funds to help implement age- and population-appropriate, comprehensive, evidence-based reproductive health programs in local schools and youth organizations. Our ultimate vision is for all youth in Garland County to have the knowledge and personal resources they need to prevent unwanted pregnancy and sexually transmitted infection.

**Contact Information**

110 Woodberry St.  
Hot Springs, AR, 71913  
501-655-3130



## April Photo Highlights!

Slumber Party and Brunch at Linda Puckett's House!



With a night out on the town listening to live music performed by Linda's friends, the slumber party was off to a great start! We played our own modified version of Catchphrase, then chatted until bedtime, snacking on the delicious food Linda had prepared. The following morning, more ladies joined us for brunch, which featured the amazing Cinnamon Baked French Toast featured in this newsletter as the recipe of the month! It was a wonderful evening and a great chance to get to know one another a little better. Thank you, Linda, for hosting such a successful, enjoyable event!

## April 2017 Calendar

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						<b>1</b> <b>Circle</b> <b>Supper</b>
<b>2</b> <b>Ted Talk 9am</b>  <b>Bud Hearn</b> "Easter: Resetting Our GPSs in a Multicultural World"	<b>3</b> ASL Club at the church 6pm	<b>4</b>	<b>5</b>	<b>6</b> Birds Practice 5:15pm  <b>Arkansas</b> <b>Day of Giving</b>	<b>7</b>	<b>8</b> <b>Circle</b> <b>Supper</b>
<b>9</b> <b>Wisdom Seekers</b> <b>9am</b>  <b>Pat Farnan</b> The Human Toll of SB 774  <b>2pm LGBT Movie</b>	<b>10</b> ASL Club at the church 6pm	<b>11</b>	<b>12</b>	<b>13</b> Birds Practice 5:15pm	<b>14</b>	<b>15</b>
<b>16</b> <b>Ted Talk 9am</b>  <b>Jesse Davis</b> "Vietnam: The War that Killed Trust, based on an essay in NYT about how the legacy of the war still shapes America"	<b>17</b> ASL Club at the church 6pm	<b>18</b> Women's group, 10am Charlotte's	<b>19</b>	<b>20</b> Birds Practice 5:15pm  Single Parent Scholarship Program	<b>21</b>	<b>22</b> <b>Movies</b> <b>at 2pm</b> <b>at the</b> <b>church.</b>
<b>23</b> <b>Wisdom Seekers</b> <b>9am</b>  <b>Ron Kew</b> Representing the Audubon Society, will speak on "A Bird in the Hand and a Bush in Your Yard."  LGBT Picnic	<b>24</b> ASL Club at the church 6pm	<b>25</b>	<b>26</b>	<b>27</b> Birds Practice 5:15pm	<b>28</b>	<b>29</b>
<b>30</b> <b>9am Spring</b> <b>Clean-up</b>  <b>Eileen Martinez</b> – Creative Fertility, a Beltane and May Day Celebration						

## Volunteer List of Go-To People

<i><b>Volunteer Assignment</b></i>	<i><b>Name</b></i>
Adult RE	Alan, Eileen
Children's RE	Carol
Circle Supper Coordinator	Sunnye
Coffee, prepare and stock supplies	Tiffany, John, Hazel
Facebook Group, Email Distribution	Carol
Film Fests	Sheri
Grounds, mowing, gardening	Jesse, Eileen, Carol
Kitchen organization, supplies, fridge	Sheri, Sunnye, Bai, Audrey
Librarian	Joy
InSpirit Editor	Eileen
Maintain building, repairs	Jesse, Jay, Oliver, John
Membership Directory, nametags	Joy
Music, Choir	Joe, Jason
Nominating Committee 2017	John, Oliver, Dorothy
Pastoral Care	Jason, John, Claire22
Pews, restock and organize	Ann, Audrey, Nico and Joe M.
Rummage Sale 2017	Oliver
Sanctuary supplies, décor, flowers	Joe, Linda, Ann, Barbara
Social Action	Tiffany, Charlotte, Carol
Social Justice	Charlotte, Dorothy, Carol
Sound, AV equipment	John, Eileen, Joe, Pat
Street Clean-up	Dee
Website	Rob, Eileen, Carol, Webmaster: Dan Watson

### Children's RE

Teachers: Carol, Charlotte, Oliver, Ann, Dee, Tiffany, Audrey, Rocky (hiking)

Board Members, 2016-2017  
Carol, Linda, Jesse, Joe, Hazel

If you are interested in volunteering,  
please contact Carol or ask any member – we'll happily put you to work!