

InSpirit  
Unitarian Universalist  
Church of  
Hot Springs  
100 Norwalk  
Norwalk and Spring St



Located at the corner of Norwalk and Spring St Hot Springs, AR 71914-3095  
501-625-3095 [WWW.uuchurchhotsprings.org](http://WWW.uuchurchhotsprings.org)

The UU church of Hot Springs is a certified *Welcoming Congregation*. We welcome you, whoever you are, or whatever the birthplace of your ancestors. We welcome you whether you are young or old, man or woman. We welcome you no matter what your spiritual beliefs or physical needs. We welcome you, whomever you love. May you find the warmth and connection you seek.

## AUGUST 2016

August 7 Tiffany Gonzales, Poetry  
August 14 Jason Nickerson-Tinna, "Quaker practices in a UU life"  
August 21 Arsala Kahn, "How a divisive systems of society can lead to an unenlightened existence".  
August 28 Dave Welch, " What is the role of wealth in our spiritual life?"

### Church Board

Carol Stanfill	President
Jesse Davis	Stewardship
Linda Puckett	Secretary
Geary Hufstedler	\Membership
Joe Sturgill	Values in Action

# President's Letter



I love the way our family-sized-church operates. As I have been travelling this summer, I have become familiar with several other UU churches. We have a good thing going here. In our congregation, we know and support everyone. If something needs to get done, someone steps up and gets it done. Everyone has a voice. I feel lucky to have found the UU Church of Hot Springs. I will have internet as I travel, so we can keep in touch via email and Facebook  
Carol Stanfill, Congregation President

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## Summer Quotes:

Long stormy spring-time,  
wet contentious April,  
winter chilling the lap of very May;  
but at length the season of summer does come.  
Thomas Carlyle



Like a welcome summer rain, humor may suddenly cleanse and cool the earth, the air and you.  
Langston Hughes

Aaah, summer - that long anticipated stretch of lazy, lingering days, free of responsibility and rife with possibility. It's a time to hunt for insects, master handstands, practice swimming strokes, conquer trees, explore nooks and crannies, and make new friends.  
Darell Hammond

People don't notice whether it's winter or summer when they're happy.  
Anton Chekhov

Nothing is more memorable than a smell. One scent can be unexpected, momentary and fleeting, yet conjure up a childhood summer beside a lake in the mountains.  
Diane Ackerman

# SPOTLIGHT ON SPEAKERS

## **August 7 Tiffany Gonzales, Poetry**

I'll be briefly discussing the role poetry plays in our lives. I'll then invite anyone who chooses to share a poem or two that has specific meaning for them: whether it be written by someone else or one they wrote themselves. It may be something related to their spirituality (or lack of), humorous, an expression of grief or anything else. They may stand at the mic or read from their seat. They may also wish to share how they feel poetry is or isn't relevant to their lives.

Note: Since Pat Jobin often lead these Poetry Readings, we'll dedicate this Sunday to Her.

**August 14 Jason Nickerson-Tinna**, "Quaker practices in a UU life" Exploring Quaker beliefs and practices. How they compare to Unitarian Universalism. And how they can enrich our lives.

**August 21 Arsala Kahn**, " Will talk about how divisive systems of society (education, class, career) can lead to an unenlightened existence, and thus, distance from human compassion".

Arsala Kahn, A native of Pakistan, Arsala's life changed when she was sixteen years old. She read Alex Haley's *Roots* and the *Autobiography of Malcolm X* as dictated to Alex Haley. Since then, she was attracted to history and political implications and trajectories, especially in relation to race. Arsala was unanimously voted as an adviser for the Black Student Association and the NAACP chapter at her university, both positions which she still serves. With her background in history and political science, Arsala would like to continue her education and address the issues of patriarchy, imperialism and western standards as they apply to humanity. She has a bachelors in history and a masters in social science from Henderson State University. Her thesis covered Malcolm X's influence on Black America.

**August 28 Dave Welch**, "A central issue for religious people is the role money plays in their lives. There are numerous warnings about the corrupting influence of wealth and in modern times the active promotion of "greed" as a worthwhile goal in life. This in the face of the Biblical blessing of the poor. Dr. David Welch will ask the question -- and it's a puzzler -- What is the role of wealth in our spiritual life?"

## Look at all these great kids!!!!

What a delight it was to have our youth involved in the Song Service last Sunday (July 17<sup>th</sup>). We are so fortunate to have young families who have made a choice to give Unitarian Universalism a chance. It is my joy each time I am the class leader of these terrific young people. I always learn more from them than they learn from me.



We hope that other families will decide to check us out. If you know



families who may not realize we have this opportunity for their children, please let them know. The future is in our youth and I would say ours looks quite rosy.

The kids seated with Jane are Veda Gonzales, Suzannah Lachner, Campbell Manzella, Joe and Nico Martinez, and Zeke Gonzales.



# SOCIAL JUSTICE



## **UU's Provides Lunch for Habitat for Humanity Volunteer's**

UU members provided lunch at the work site, 128 Avery Street for approximately 15 volunteer workers on an extremely hot Saturday, July 16th. This is the 121st home to be built in Hot Springs. Our church has one of the longest serving lunches over the years. Mary Christian, volunteer coordinator, was helpful in directing us to the work site, where there was a tent and table set up for us to serve the lunch. A generous lunch of sandwiches, fruit, chips, cookies and sodas was served. Mary took the extra amount of food to volunteer workers at a new home site they were painting and also to the Restore for staff personnel. Thank you so much.

Dorothy M. Clark

## **Serving Lunch at Jackson House**

UU's will be serving lunch at Jackson House Tuesday, August 30th from 10 a.m. to 1 p.m. We need approximately 6 volunteers. If this is something you would like to help with please let me know. Thank you.



Dorothy M. Clark 501-318-321

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Hot Springs LGBT Alliance now has new social media pages.

Here is a list of all our social media to date.

Official web page: [www.hslgbt.com](http://www.hslgbt.com)

Facebook

group: [www.facebook.com/groups/hotspringspride](https://www.facebook.com/groups/hotspringspride)

Facebook fan page: [www.facebook.com/hslgbta/](https://www.facebook.com/hslgbta/)

Twitter account: HSLGBTA Instagram: HSLGBTA Snapchat: HSLGBTA

Please join us. and follow on these media sites to receive regular updates.



# GETTING TO KNOW YOU



Geary Hufstedler.

I grew up in an Irish Catholic home in Ft. worth, Texas the youngest and only son of a single mom. My parents divorced when I was a toddler. And because there was no Day-Care in those days, my sisters and I spent a few years in a Catholic orphanage until we all moved in with my Grandmother. She raised us while Mom worked two jobs.

Upon graduation from high school I enlisted in the Navy. Completing a few months of specialist training, I spent the rest of my four years as an aviation electrician. A job which turned out was a trade I was able to parley into a career. First in the aerospace industry,

originally as aircraft electrician/mechanic then logistics analyst. From there I migrated into computer systems analysis and eventually systems development. Being a systems-developer was like being a plumber; I could work in any industry and almost did. From Aerospace I went to Insurance then Banking and Oil & Gas and Grocery Warehousing and ended my career in Telecom.



Shortly after being discharged I met and married my first wife, Beverly. Perusing my career we first moved to St Louis where Andrea was born. While she was a toddler we moved to Atlanta where Elizabeth was born. Shortly after that we again moved this time back to the Dallas Ft Worth area. While in Dallas we both started taking classes at the local university. I at night after work, and she during the day while the kids were in school. By then I'd finally left Catholicism and started getting interested in Unitarianism.



After eleven years of marriage Beverly and I separated. She went her way I went mine and we shared the kids.

Then on September 14, 1975 I met the love of my life: Sweet Baby Jane. It was a blind date and she knocked me off my feet; love at first sight. As of May 30 this year, Jane and I have been married 40 years. This photo was taken on our second date.

Jane's two kids, David and Darla were about the same age as mine. They were Ralston and mine were of course Hufstedler so when we got married, and set up housekeeping we called ourselves "The Ralstedlers".

With the exception of a five year stay in Kansas City we spent most of our time in the Dallas Ft Worth Metroplex. I retired in '99 and Jane in '04. We had a place here and in Galveston for a while and moved permanently to Hot Springs in '07, and joined UUCHS in January 2008. And have lived happily ever after.



# UU Wednesdays

UU Women, meeting some Wednesdays at 10:00.

August 3, Too Soon Old, Too Late Smart..." Jane to lead at church

August 10, OPEN- Any ole volunteer will do

August 17, Sara, cards at church

August 24, Dian, teaching art at church

August 31, "Too Soon Old, Too Late Smart..." Jane's home

## "Too Soon Old, Too Late Smart...Thirty Truths You Need to Know Now,"

After service in Vietnam, as a surgeon for the 11th Armored Cavalry Regiment in 1968-69, at the height of the war, Dr. Gordon Livingston returned to the U.S. and began work as a psychiatrist. In that capacity, he has listened to people talk about their lives - what works, what doesn't, and the limitless ways (many of them self-inflicted) that people find to be unhappy. He is also a parent twice bereaved; in one thirteen-month period, he lost his eldest son to suicide, his youngest to leukemia. Out of a lifetime of experience, Gordon Livingston has extracted thirty bedrock truths eg. *We are what we do, The perfect is the enemy of the good and Only bad things happen quickly.* Livingston illuminates these and twenty-seven others in a series of carefully hewn, perfectly calibrated essays, many of which focus on our closest relationships and the things that we do to impede or, less frequently, enhance them. Again and again *Too Soon Old, Too Late Smart* offers solace, guidance, and hope to everyone ready to become the person they'd most like to be.



**I guarantee everyone will LOVE this book. Come and grow with us.**

## A Few More Summer Quotes

We cannot stop the winter or the summer from coming. We cannot stop the spring or the fall or make them other than they are. They are gifts from the universe that we cannot refuse. But we can choose what we will contribute to life when each arrives.  
Gary Zukav

I'm obsessed with frozen yogurt because you don't feel totally guilty eating it. It's not as bad as ice cream, and during the hot summer months, it's a great way to just refresh.

Caroline Sunshine

**Wisdom Seekers Book Group  
Meet on the 2nd and 4<sup>th</sup> Sundays  
From 9 to 10**

**---- Postponed until September ----**

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**Religious Exploration  
The Religious Exploration Classes / Discussion Group  
1<sup>st</sup> and 3rd Sundays at 9:00**

**---- Postponed until September ----**

I have a total irreverence for anything connected with society except that which makes the roads safer, the beer stronger, the food cheaper and the old men and old women warmer in the winter and happier in the summer.

Brendan Behan

The Hand Drum Playshop will continue meeting on Fridays from 1:00-2:15 p.m.

**---- Postponed until Mid November ----**





# CALENDAR

## AUGUST

Sunday	Mon	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 UUWednesday Book Study Discussion, At church 10:00	4 "BIRDS" Practice 5:00	5	6
7 Tiffany Gonzales, Poetry	8	9	10 UUWednesday OPEN 10:00	11 "BIRDS" Practice 5:00	12	13
14 Jason Nickerson- Tinna, "Quaker practices in a UU life"	15	16	17 UUWednesday Sara, cards at church 10:00	18 "BIRDS" Practice 5:00	19	20
21 Arsala Kahn, "How a divisive systems of society can lead to an unenlightened existence".	22	23	24 UUWednesday Dian, teaching art at church 10:00	25 "BIRDS" Practice 5:00	26	27
28 Dave Welch, " What is the role of wealth in our spiritual life?"	29	30 Serving Lunch at Jackson House. 10 to 1:00	31, UUWednesday Book Study Discussion, Jane's home 10:00			

RE = Religious Exploration. 1<sup>st</sup> and 3<sup>rd</sup> Sundays 9:00 to 10:00AM (Postponed till September)

WS = Wisdom Seekers. 2<sup>nd</sup> and 4<sup>th</sup> Sundays 9:00 to 10:00AM (Postponed till September)

August 3 and 10 are open (any suggestions?)

August 17,  
August 24,  
Sugust

August  
August  
August

## New Go To List

Many thanks to new people signed up to take on needed tasks. The more we spread out the work the easier it is to have fun. Please do not hesitate to sign up and help support the Church and each other; like Oliver below.

Building and maintenance	Jesse, Jay, ...
Church Decor, Sanctuary Supplies	Joe, Jason
Coffee Boss, make coffee, keep supplies stocked	Tiffany
Facebook, email distribution	Carol
Gardening, mowing	Jesse, Carol
InSpirit Newsletter	Geary
Kitchen Staff	Sunnye, ....
Librarian	Dian
Local Newspaper, publicity	Jane, Ann
Membership Directory	Geary, Ann
Music Director	Joe, Jason
Nominating Committee, 2016-2017	John, Oliver, Dorothy
Parliamentarians at meetings	Dee, Ann
Pastoral Care Committee	Jason, John
Rummage Sale, fund raisers	Oliver, ...
Social Action, volunteer opportunities	Tiffany, Charlotte, ...
Social Directors	Sheri, Carol, ...
Social Justice, keep us informed of causes	Charlotte, Dorothy
Sound, AV equipment	Geary, Jay, ...
Street Clean-up. Quarterly	Oliver, ...
Website	Rob, Carol, Jay, Dan Watson (webmaster)
Pews, restocking supplies	Ann
other	

