

InSpirit
Unitarian Universalist
Church of
Hot Springs
100 Norwalk
Norwalk and Spring St



Located at the corner of Norwalk and Spring St Hot Springs, AR 71914-3095
501-625-3095 WWW.uuchurchhotsprings.org

The UU church of Hot Springs is a certified *Welcoming Congregation*. We welcome you, whoever you are, or whatever the birthplace of your ancestors. We welcome you whether you are young or old, man or woman. We welcome you no matter what your spiritual beliefs or physical needs. We welcome you, whomever you love. May you find the warmth and connection you seek.

FEBRUARY 2016

- February 7th Jesse Davis presents "The Tao of Steve."
- February 14th Jane Hufstedler and Alan Clark; "Welcoming Congregation."
- February 21st Bud Hearn "Why Are There Rainbows?"
- February 28th Rick Ward-Harder has a word for us.

Joe would like to hear from you with ideas concerning services. He would also appreciate folks volunteering to be the lay-leader. If you've not done one before it's pretty easy. We have Script Formats and samples that you can use. Grab this opportunity to get up front, pick your favorite hymns and read inspirational quotes. Plus we don't want to see the same old people up there all the time. We'd like to see new old people.



President's Letter



February will be a busy time for our church family. I am happy to see such enthusiasm to participate in church activities. We are showing great movies several evenings a month now ; thanks to Sheri for organizing this. Geary has ordered our new sound equipment for the sanctuary. Dorothy, Ann, Charlotte, and I will attend a U U conference for women in Lawton, OK this February. Don't forget the birthday party for Claire's mom on Valentine's Day.

Our UU Wednesday activities have always been fun and educational. This month Sarah will organize another "hand and foot" card game, Dian will lead energy exercises, and we will have a birthday party for Sheri. This leaves one Wednesday for us to share our hobbies/crafts.

I continue meeting monthly with Kim, president of the UU Village Church. Our church is hosting a workshop in April for leaders of UU churches all over Arkansas. Sharing ideas with other churches had been very beneficial.

It will "take a village" to put on the workshop on April 29-30. I think working together to make these two days special for our guests will be fun. We'll all be called upon to help. I am proud to show others our dynamic little church!

Happy Valentine's Day,
Carol Stanfill, President UUCHS

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Deconstructing the Myth that Religion is the Cause of Violence



Our good friend and frequent speaker, Bud Hearn, has started a discussion class on Tuesdays. It started on Jan 26 and will go for five weeks - 1:30-3:30 at UUVillage Church. Topic: Deconstructing the Myth that religion is the cause of violence. Using the work of Karen Armstrong (a familiar name among many UU's) and Deconstructing the Myth that religion is the cause of violence Raheel Raza a progressive practicing Muslim who argues that the Qur'an does not "preach" violence. Both offer that religion does not poison everything, it is the reverse. All are welcome.

UU Wednesdays

You can pencil in your calendar now. Carol will send more details as they become available. All activities are at the church unless otherwise noted. Everyone is welcome.

10:00 each Wednesday.

Feb 3 Sheri's party Location TBD, 10:00

Feb. 10 Playing Cards at church, 10:00

Feb 17 Craft sharing at church, 10:00

Feb. 24 Energy exercises, 10:00

If you'd like to lead a class or plan an activity in 2016, let Carol know.

Timely Quotes:

The time of discipline began. Each of us the pupil of whichever one of us could best teach what each of us needed to learn.

—Maria Isabel Barreno

Communication leads to community - that is, to understanding, intimacy, and mutual valuing.

—Rollo May

A couple of nice quotes submitted by Judy.

Thanks Judy

Hot Springs LGBT Alliance

The Gay Pride group has had a name change to Hot Springs LGBT Alliance to be inclusive of non-LGBT persons to feel welcome to join. Please come to our next function on February 14th 3pm at the church to see a valentine themed movie, "Boys". "Boys" ... "Falling in love for the first time is amazing -- and terrifying. Especially when that love is forbidden." All are welcome.



SOCIAL JUSTICE HEAD LINES

Literacy Council of Garland County

The Literacy Council of Garland County has scheduled its New Tutor Orientation.

- "Are you looking for a volunteer opportunity where your time and talent will be put to the best and highest use?"
- Are you interested in helping a young parent improve their literacy skills so they can help their child with homework?
- Are you willing to help someone learn to speak English so they will feel less isolated in our community?
- Then the Literacy Council of Garland County wants you!



Call [501-624-7323](tel:501-624-7323) today to register for our next New Tutor Orientation, scheduled for Saturday, February 27, 2016 from 8:30am-4:00pm. Lunch will be provided."

Social Justice Quotes:

“If you tremble with indignation at every injustice then you are a comrade of mine.”

– **Ernesto Che Guevara**

“The ends you serve that are selfish will take you no further than yourself but the ends you serve that are for all, in common, will take you into eternity.”

– **Marcus Garvey**

“To serve is beautiful, but only if it is done with joy and a whole heart and a free mind.”

– **Pearl S. Buck**



The proceeds of our Annual Rummage Sale in November (over \$2200 plus a little from our SJ budget) have been happily distributed to five local organizations. Each organization received \$500.

- Safe Haven: A safe shelter for women and children.
- Langston Aerospace and Environmental Studies Magnet School: Pre K thru 4th grade.
- Tuggle Clinic formally the AIDs Resource Center.
- WEB Community Center: An Arts/Educational/Sports facility for kids.
- Ouachita Children's Center: Temporary home for wards of the State.





SW UU Women's Conference
February 26-28, 2016
Lawton, OK
Mountain Refuge - Our Spiritual Path

When we walk through our nearby Wichita Mountains, we remember the Wichita, Kiowa, Comanche, Apache and other tribes who camped here. The buffalo who roam here, the deer and the antelope still play. We are reminded that we are traveling down a sacred pathway -- the Spirit Trail -- the same Spirit Trail of our Mountain Refuge conference.

YOUR HOSTS

Unitarian Universalist Church of Lawton with SouthWest UU Women

For more information on events and registration go to web site below.

<http://www.swuuw.org/2-uncategorised/102-swuuwcon-2016-in-lawton-ok>

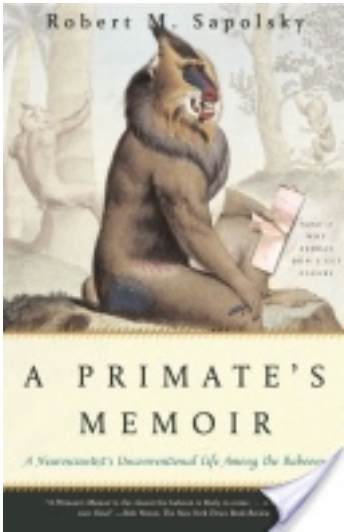
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3rd Annual Ouachita Children's Center Charity Ball

Saturday Feb 6th 6:30 at the
Historic Hamp Williams
Building.
Tickets \$75. All Proceeds
Benefit Ouachita Children's
Center.



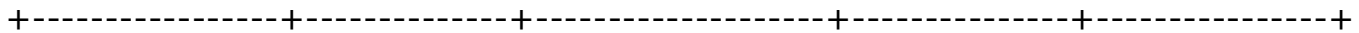
Wisdom Seekers Book Group
Meet on the 2nd and 4th Sundays
From 9 to 10



In the tradition of Jane Goodall and Dian Fossey, Robert Sapolsky, a foremost science writer and recipient of a MacArthur Genius Grant, tells the mesmerizing story of his twenty-one years in remote Kenya with a troop of Savannah baboons.

“I had never planned to become a savanna baboon when I grew up; instead, I had always assumed I would become a mountain gorilla,” writes Robert Sapolsky in this witty and riveting chronicle of a scientist’s coming-of-age in remote Africa.

An exhilarating account of Sapolsky’s twenty-one-year study of a troop of rambunctious baboons in Kenya, *A Primate’s Memoir* interweaves serious scientific observations with wry commentary about the challenges and pleasures of living in the wilds of the Serengeti — for man and beast alike. Over two decades, Sapolsky survives culinary atrocities, gunpoint encounters, and a surreal kidnapping, while witnessing the encroachment of the tourist mentality on the farthest vestiges of unspoiled Africa. As he conducts unprecedented physiological research on wild primates, he becomes evermore enamored of his subjects — unique and compelling characters in their own right — and he returns to them summer after summer, until tragedy finally prevents him.



Religious Exploration
The Religious Exploration Classes / Discussion Group
1st and 3rd Sundays at 9:00

“A Chosen Faith.” By John Buehrens and Forrest Church.



“For those contemplating religious choices, Unitarian Universalism offers an appealing alternative to religious denominations that stress theological creeds over individual conviction and belief. In this new edition of the classic introductory text on Unitarian Universalism, which includes a revealing, entertaining foreword by best-selling author Robert Fulghum (*All I Really Need to Know I Learned in Kindergarten.*) The authors, John Buehrens and Forrest Church, explore the many sources of the living tradition of their chosen faith.”

We strongly encourage all especially our new Friends and Members to read and/or join the discussion. Jane will be the facilitator of this book.

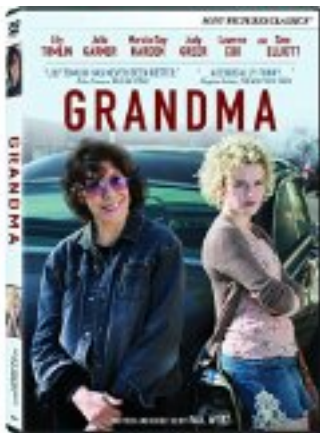
Movie Night(s)

Feb 12, Bridge of Spies, with Tom Hanks.
Movie only, 7pm.

Tom Hanks plays James Donovan, an insurance lawyer called upon by our federal government to negotiate the release of a captured American pilot during the height of the Cold War. Diplomacy in this era was in short supply, and both the U.S. and "Mother" Russia were balancing on a very thin line to try and protect their biggest secrets (and not lose face in the court of public opinion).



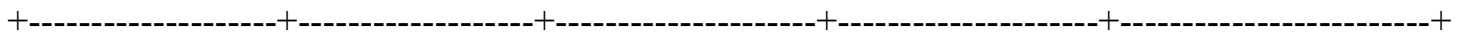
Poster art Walt Disney Studios



Feb 26, Grandma, with Lily Tomlin,
Comfort food potluck, 6pm, movie at 7pm

Elle Reid (Lily Tomlin) has just gotten through breaking up with her girlfriend when her granddaughter Sage (Julia Garner) unexpectedly shows up needing 600 dollars before sundown. Temporarily broke, Grandma Elle and Sage spend the day trying to get their hands on the cash as their unannounced visits to old friends and flames end up rattling skeletons and digging up secrets.

"Grandma Movie Poster" by Source



February Love Quotes:

Let us always meet each other with smile, for the smile is the beginning of love.
Mother Teresa

Love is friendship that has caught fire. It is quiet understanding, mutual confidence, sharing and forgiving. It is loyalty through good and bad times. It settles for less than perfection and makes allowances for human weaknesses.

Ann Landers

CALENDER

FEBRUARY

Sunday	Mon	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 UUWednesday Sheri's party. Location TBD10:00am	4 "BIRDS" Practice 5:00	5	6
7 Jesse Davis presents "The Tao of Steve." RE: "A Chosen Faith"	8	9	10 UUWednesday Cards at church, 10:00	11 "BIRDS" Practice 5:00	12 Movie: 	13
14 Jane Hufstedler and Alan Clark; "Welcoming Congregation." WS: "A Primate's Memoir"	15	16	17 UUWednesday Craft sharing at church, 10:00	18 "BIRDS" Practice 5:00	19	20
21 Bud Hearn, "Why Are There Rainbows?" RE: "A Chosen Faith"	22	23 Board meeting, 3:00	24 UUWednesday Energy exercises, 10:00	25 "BIRDS" Practice 5:00	26 Fourth Friday Movie: Dinner at 6pm and movie at 7pm	27 
28 Father Rick Ward- Harder	29					

RE = Religious Exploration. 1st and 3rd Sundays 9:00 to 10:00AM

WS = Wisdom Seekers. 2nd and 4th Sundays 9:00 to 10:00AM