

InSpirit
Unitarian Universalist
Church of
Hot Springs
100 Norwalk
Norwalk and Spring St



Located at the corner of Norwalk and Spring St Hot Springs, AR 71914-3095
501-625-3095 WWW.uuchurchhotsprings.org

The UU church of Hot Springs is a certified *Welcoming Congregation*. We welcome you, whoever you are, or whatever the birthplace of your ancestors. We welcome you whether you are young or old, man or woman. We welcome you no matter what your spiritual beliefs or physical needs. We welcome you, whomever you love. May you find the warmth and connection you seek.

JANUARY 2016

Jan 3 -- Bob Van Hook, Becca Clark, lay-leader
Jan 10 -- Jane Hufstedler "Blessed Assurance"
Jan 17 -- Cliff Coleman on Martin Luther King,
Jan 24 -- Oliver Driver
Jan 31 -- Carol Stanfill, Congregational Meeting

Feb 7 -- Jesse Davis, "The Tao of Steve"
Feb 14 -- Alan and Jane, on "Welcoming Congregations"
Feb 21 -- to be announce
Feb 28 -- to be announced

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*"For last year's words belong to last year's language
And next year's words await another voice.
And to make an end is to make a beginning."*

(Little Gidding)"
— T S Eliot

New Years Wish:

*“May Light always surround you;
Hope kindle and rebound you.
May your Hurts turn to Healing;
Your Heart embrace Feeling.
May Wounds become Wisdom;
Every Kindness a Prism.
May Laughter infect you;
Your Passion resurrect you.
May Goodness inspire
your Deepest Desires.
Through all that you Reach For,
May your arms Never Tire.”*
— D. Simone

Wow we had a wedding!

Dr. Joseph and Mrs. Chi Parker and their three children drove up from Texarkana to be married in a UU Church .

Our own Denise has a wonderful script.

I want to remind folks to tell their friends that our church is a great place to get married. Too bad we didn't have enough notice beforehand, we could've had a Pot-Luck.



UU Wednesdays

You can pencil in your calendar now. Carol will send more details as they become available. All activities are at the church unless otherwise noted. Everyone is welcome.

10:00 each Wednesday.

Jan 6 Knit and crochet, sharing and teaching

Jan.13 Pai teaches us Tai Chi Qi Kung, beginning lesson

Jan. 20 Pai teaches us how to recycle wine bottles to make something awesome

Jan. 27 Dian leads our spirituality session

If you'd like to lead a class or plan an activity in 2016, let Carol know.

Winter Quotes:

As winter approaches - bringing cold weather and family drama - we crave page-turners, books made for long nights and tryptophan-induced sloth.

Sarah MacLean

We cannot stop the winter or the summer from coming. We cannot stop the spring or the fall or make them other than they are. They are gifts from the universe that we cannot refuse. But we can choose what we will contribute to life when each arrives.

Gary Zukav

No winter lasts forever; no spring skips its turn.

Hal Borland

Gay Pride Group

Notice: The Hot Springs Gay Pride Group meet at the Unitarian Universalist Church of Hot Springs on 2nd and 4th Sunday of the month at 5pm. All are welcome.



SOCIAL JUSTICE HEAD LINES

Jackson House Lunch Service

Our Church *will be serving lunch on the fifth Friday of each month, beginning in March 2016.*

Jane and Geary (not shown) were able to join the UU Village Church to learn how it all works. Pictured are Jane with Joe Stout, Kim Townsan, Pam Harrison and Laura Nick all from UUVU.

They made soup and sandwiches and served over 150 lunches, complete with cookies. They invited a couple of our members to join them again on Tuesday, January 19, 2016, from 10:00am-1:00pm. It is quite a process and another trial run with UUVU in the lead would be helpful.



Pai and Ed were there also, working the food pantry. It is good to see our members in the community demonstrating that “service is our prayer.”

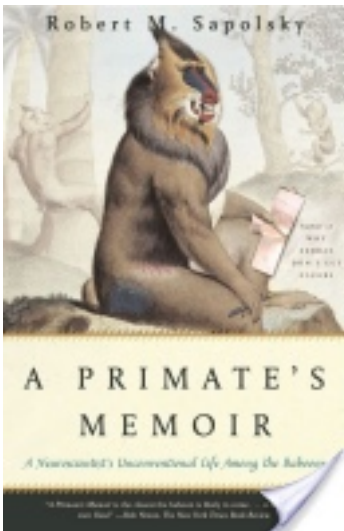
Speaking of our Jane. At the recent CASA Appreciation Dinner she was recognized with a certificate of appreciation for her four years of volunteer service to the organization.

Pictured with Jane are Suzanne Herron CASA’s Executive Director and Gabriel Fisher President of the Board.

(Photos courtesy of your Editor – Mr. Jane)



Wisdom Seekers Book Group Meet on the 2nd and 4th Sundays From 9 to 10



In the tradition of Jane Goodall and Dian Fossey, Robert Sapolsky, a foremost science writer and recipient of a MacArthur Genius Grant, tells the mesmerizing story of his twenty-one years in remote Kenya with a troop of Savannah baboons.

“I had never planned to become a savanna baboon when I grew up; instead, I had always assumed I would become a mountain gorilla,” writes Robert Sapolsky in this witty and riveting chronicle of a scientist’s coming-of-age in remote Africa.

An exhilarating account of Sapolsky’s twenty-one-year study of a troop of rambunctious baboons in Kenya, *A Primate’s Memoir* interweaves serious scientific observations with wry commentary about the challenges and pleasures of living in the wilds of the Serengeti — for man and beast alike. Over two decades, Sapolsky survives culinary atrocities, gunpoint encounters, and a surreal kidnapping, while witnessing the encroachment of the tourist mentality on the farthest vestiges of unspoiled Africa. As he conducts unprecedented physiological research on wild primates, he becomes evermore enamored of his subjects — unique and compelling characters in their own right — and he returns to them summer after summer, until tragedy finally prevents him.

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Religious Exploration

The Religious Exploration Classes / Discussion Group

1st and 3rd Sundays at 9:00

This book views world history not from London, Paris and Rome but from Bagdad, Damascus and Cairo. “Destiny Disrupted, A History of the World Through Islamic Eyes” takes, as its point of departure, the following question: “What are the key events of world history and the shape of the overall story if one assumes that the center of the world is not Europe but the Islamic heartland?”



We expect to finish *Destiny Disrupted* in the next few sessions so that in January we will begin *“A Chosen Faith.”* By **John Buehrens and Forrest Church.** “For those contemplating religious choices, Unitarian Universalism offers an appealing alternative to religious denominations that stress theological creeds over individual conviction and belief. In this new edition of the classic introductory text on Unitarian Universalism, which includes a revealing, entertaining foreword by best-selling author Robert Fulghum (*All I Really Need to Know I Learned in Kindergarten.*) The authors, John Buehrens and Forrest Church, explore the many sources of the living tradition of their chosen faith.”

We strongly encourage all especially our new Friends and Members to read and/or join the

Movie Night(s)

January 15, 7 PM
Infinitely Polar Bear
Starring Mark Ruffalo



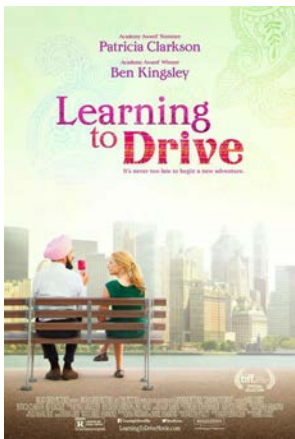
It's 1978 and Cam Stuart, a manic-depressive, has a breakdown that causes his wife to take their two daughters and leave him, moving to a small apartment in Boston. Cam is eventually released, and on a new medication, he works to prove that he can be the husband and father that his family needs him to be. His wife, Maggie, ends up studying for an MBA in another city and she asks Cam to move in and care for the girls during the week. Cam takes on the task of being a stay at home father of two feisty daughters while trying to overcome his mental illness.

January 22, 7 PM
The Martian
Starring Matt Damon



Based on a science fiction novel by the same name, The Martian is astronaut Mark Watney. During a manned mission to the red planet, a fierce storm leaves Watney presumed dead and therefore left behind by his crew. Now stranded, Watney must survive the hostile environment of Mars with few supplies while trying to find a way to signal Earth that he is still alive and in need of rescue.⁶

January 29, Fourth Friday 6 PM Pot Luck at 7PM
Learning to Drive
Starring Ben Kingsley



Wendy has a successful career as a book critic, and she thinks her life is going fine, but suddenly her marriage comes crashing to a halt. On top of everything else, having never learned to drive, she finds herself abruptly without a chauffeur. She begins taking lessons from Darwan, a Sikh who is trying to decide whether he wants to consent to an arranged marriage. As the two of them confide in each other, an unlikely bond begins to form. With each other's help, the new friends try to figure out how to take back control over their own lives.

CALENDER

JANUARY

Sunday	Mon	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 Bob Van Hook, Becca Clark, lay- leader RE: "Destiny Disrupted"	4	5	6 UUWednesday Knit and crochet, sharing and teaching 10:00 AM	7 "BIRDS" Practice 5:00	8	9
10 Jane Hufstedler "Blessed Assurance" WS: "A Primate's Memoir"	11	12	13 UUWednesda Pai teaches us Tai Chi Qi Kung, beginning lesson 10:00 AM	14 "BIRDS" Practice 5:00	15 Movie: <i>Infinitely Polar Bear</i> Starring Mark Ruffalo	16
17 Cliff Coleman on Martin Luther King RE: "A Chosen Faith"	18	19	20 UUWednesda Pai teaches us how to recycle wine bottles to make something awesome 10:00 AM	21 "BIRDS" Practice 5:00	22 Movie: <i>The Martian</i> Starring Matt Damon	23
24 Oliver Driver WS: "A Primate's Memoir"	25	26	27 UUWednesda Dian leads our spirituality session 10:00 AM	28 "BIRDS" Practice 5:00	29 Fourth Friday Movie: <i>Learning to Drive</i> Starring Ben Kingsley Dinner at 6pm and movie at 7pm	30
31 Congregational Meeting						