

InSpirit
Unitarian Universalist
Church of
Hot Springs
100 Norwalk
Norwalk and Spring St



Located at the corner of Norwalk and Spring St Hot Springs, AR 71914-3095
501-625-3095 WWW.uuchurchhotsprings.org

The UU church of Hot Springs is a certified *Welcoming Congregation*. We welcome you, whoever you are, or whatever the birthplace of your ancestors. We welcome you whether you are young or old, man or woman. We welcome you no matter what your spiritual beliefs or physical needs. We welcome you, whomever you love. May you find the warmth and connection you seek.

APRIL 2015
THEME IS RENEWAL

5 Jesse Davis "Mindless Menace of Violence" and Rebecca Ricks
12 Sing Along with LauraLee and Oliver
19 Linda Puckett and Rebecca Ricks
26 "Giraffe Ears" with Annie Showalter and D Marion

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"Giraffe Ears" Anne Showalter

Anne Showalter will take us more fully into listening from the heart. In non-violent communication we have adopted two animals, the giraffe and the jackal, to represent important ways we communicate. If we are listening with our culturally trained "Jackal" ears, we hear complaints, criticisms and attacks everywhere. It's easy in that case to respond with similar attacks, to feel defensive or to just feel miserable. When we decide to put on Giraffe ears, all the criticisms, blames and attacks are translated into feelings and unmet wants and needs. D Marion

Presidents Letter

I certainly hope everyone had a wonderful “Spring Break”. I certainly did except for the burglary at my house while I was in Dallas but more about that later. My daughter, granddaughter, London, and I went to visit my son, daughter-in-law and two grandsons in Dallas. We left Saturday morning and arrived back in Hot Springs Tuesday afternoon. Had a great time in Dallas, the kids went to Legoland and Chuck E. Cheese and my son took me to a movie and the Grapevine Mall Cinema which has 30 screens. It was a real treat getting to go to a real fancy, schmantzy theater.

Unfortunately upon my return to Hot Springs I found my house had been burgled while I was gone. The thieves took a brand new jar of Peter Pan peanut butter, a bottle of Log Cabin syrup, a loaf of whole wheat bread and the large fish bowl in which I kept all my loose change, about \$430.00 worth. It was nearly full and I was planning to cash it in this week. But at least the trip to Dallas was fun.

Wednesday, Thursday and Friday I watched my granddaughter and I am soooo happy “Spring Break” is over. I need some hard earned rest.

Oliver



London with unidentified Pink Floyd fan



A reminder that we plan to have our Annual-Gently–Used-Items (Rummage) Sale this fall. If you are spring cleaning, sorting or downsizing; the church would like to have your items. We do have a small room across from the library to store items. The proceeds from the sale go to **community outreach programs.**

Dorothy Clark

PROGRAMS



As I write this article about the services planned for April, I am a bit sad as we will miss being with you for most of these very special Sundays. We of course will be in West Virginia and Virginia and expect to be away most of the month. It will be a great time with family and friends, though we will miss you. While in WV we will visit the UU churches in the area. Most of the ones we have found are under 50 members. While in Richmond we hope to attend the 500 member UU church there. It should be a quite interesting experience. We will be back in May and will be happy to be home. In the meantime, we are an email or phone call away. Have a wonderful April of Renewal!
Jane

Next Month: May - PEACE

May 3 Bob Van Hook and Rebecca Ricks

May 10 Standing on the Side of Love with Jane Hufstedler

May 17 Bud Hearn and Rebecca Ricks

May 24 Memorial Day with John Nino

May 31 Congregational Meeting

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Renewal Quotes:

“Life is like a flowing stream; once the flow stops, our life becomes stagnant. When we remove the dams and debris we have accumulated and encourage it to flow freely, it becomes a source of sustenance and renewal and growth for us and for all with whom we share it.”

— *Tom Hackett*

*“As wave is driven by wave
And each, pursued, pursues the wave ahead,
So time flies on and follows, flies, and follows,
Always, for ever and new. What was before
Is left behind; what never was is now;
And every passing moment is renewed.”*

— *Ovid, Metamorphoses*

Crafts Club

April 1st and 15th.

UUCHS Crafters meet the 1st and 3rd Wednesday at 10:00 at the church. Folks bring all sorts of crafts to work on: knitting, crocheting, weaving, jewelry making, sewing, painting, and others. *Perhaps even photography.* Men and women come together to share projects and help each other learn new skills. Of course, the fellowship is most important, too.

Women's Club

April 8th and 22th

UUCHS Women's group meets the 2nd and 4th Wednesday at 10:00. We go to different homes each time and the topic of discussion varies. Conversations are always stimulating and informative. Watch your email for locations and topics each time. Light refreshments are usually served by the hostess.

- April 8, Pat Jobin
- April 22, Ann Hair



Our resident artist, Claire invited the UU Women to an art lesson/ luncheon on March 25. Can you identify which master piece belongs to whom? Not in order the artists were: Claire, Bai, Carol, Judy, Dorothy, and Pat.

BTW you can tell they are UU's because of the way they all painted the same tree.

Editor





The UU Women's Conference in San Marcos was a first for me. I have, however, attended many similar weekend conferences. This one was well thought out and organized. The speakers were knowledgeable and prepared, the topics timely and the presentations educational and enlightening. The artisans and vendors offered exquisite and unique wares. Even the banquet food was good! I



only wish it could have lasted longer to allow more time for interaction with other attendees.
Linda Puckett



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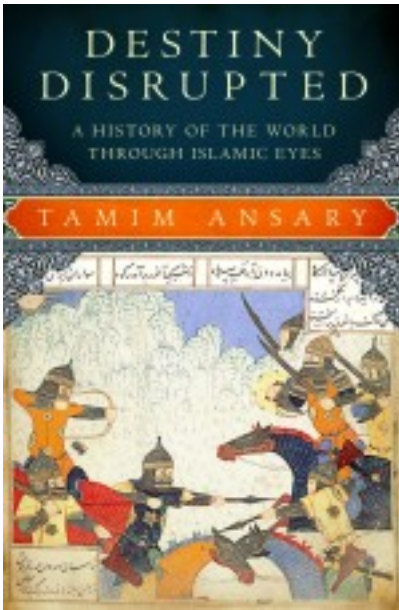
"From Stanton to Steinem and Beyond"



Women's History Month was celebrated in fine fashion as the readers play, "From Stanton to Steinem and Beyond", was presented to our church on March 22. This original work was begun in 1978-9 by a group of American Association of University Women in Colorado Springs. Ann Hair, leader of the original group, updated the work, directed and read with the help of other women from the UU Church in Hot Springs, the UU Church in Hot Springs Village and the Hot Springs/Hot Springs Village Branch of AAUW. It was a very powerful and timely update to the struggle that women have faced throughout history in the world, and in our country specifically. It was educational and informative about the fight for women's rights in every sector of our society, how old a struggle it is, the social context which makes the struggle necessary and finally, what women might have to offer as alternatives in an uncertain future. If you missed it, look for another venue in our area as I know they are planning for repeat performances. It is a powerful message and the women who deliver it do an outstanding job with their roles.

Religious Exploration
The Religious Exploration Classes / Discussion Group
1st and 3rd Sundays at 9:00

Our new book views world history not from London, Paris and Rome but from Bagdad, Damasks and Cairo.



Destiny Disrupted, A History of the World Through Islamic Eyes takes, as its point of departure, the following question: “What are the key events of world history and the shape of the overall story if one assumes that the center of the world is not Europe but the Islamic heartland?” Following from this premise, it sets forth a provocative “alternative” history of the world that is as compellingly readable as any novel. *Destiny Disrupted* won the Northern California Book Award for Best General Nonfiction of 2009, and it has been translated into nine

languages , including Russian, Dutch, Indonesian, Korean, and Italian.

“It’s one of those “fascinating new fact every paragraph” books. Would you like to know how the Shiite-Sunni schism happened? It’s all here. Rumi the poet? He’s here. Empires, sultanates, wars, atrocities, cities of great beauty now lost forever, the whole deal. Even the chapters on theology are enjoyable, and I’m not big on the minutiae of belief systems.”

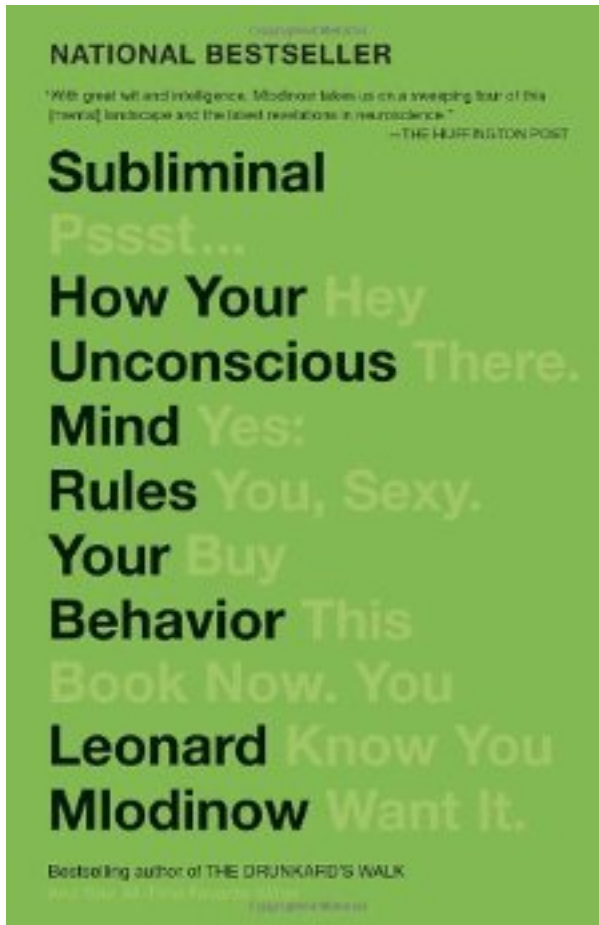
–Jon Carroll, Columnist

We think this is an exciting and illuminating book that will not only educate but generate a lot of discussion. Come join us. You don’t even have to have read the book. The discussions themselves are worth the price of admission, and usually better than the book.

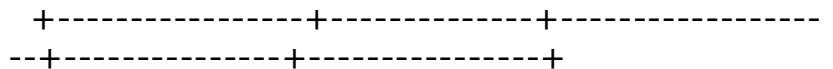
Wisdom Seekers Book Group
Meet on the 2nd and 4th Sundays
From 9 to 10

Subliminal: How Your Unconscious Mind Rules Your Behavior

Winner of the 2013 PEN/E.O. Wilson Literary Science Writing Award



Over the past two decades of neurological research, it has become increasingly clear that the way we experience the world--our perception, behavior, memory, and social judgment--is largely driven by the mind's subliminal processes and not by the conscious ones, as we have long believed. As in the bestselling *The Drunkard's Walk: How Randomness Rules Our Lives*, Leonard Mlodinow employs his signature concise, accessible explanations of the most obscure scientific subjects to unravel the complexities of the subliminal mind. In the process he shows the many ways it influences how we misperceive our relationships with family, friends, and business associates; how we misunderstand the reasons for our investment decisions; and how we misremember important events--along the way, changing our view of ourselves and the world around us.



Notice: The Hot Springs Gay Pride Group meet at the Unitarian Universalist Church of Hot Springs on 2nd and 4th Sunday of the month at 5pm. All are welcome.

4th Friday Movie Night

“Calendar Girls”

April 24th - Dinner at 6pm and movie at 7pm

When Annie Clarke's husband John dies from [leukemia](#) at an early age, her close friend Chris Harper, anxious to purchase a comfortable sofa for the visitors' lounge in the hospital where he was treated, hits upon the idea of printing a calendar featuring some of the members of the Knapely branch of the [Women's Institute](#) discreetly posing nude while engaged in traditional WI activities, such as baking and knitting, in order to raise funds. Her proposal initially is met with great skepticism, but she eventually convinces ten women to participate in the project with her. They enlist one of the hospital workers, an amateur photographer named Lawrence, to help them with the concept.

Starring an [ensemble cast](#) headed by [Helen Mirren](#) and [Julie Walters](#), with [Linda Bassett](#), [Annette Crosbie](#), [Celia Imrie](#), [Penelope Wilton](#), and [Geraldine James](#) playing key supporting roles, the film garnered generally positive reactions by film critics, and at a budget of \$10 million it became a major success, eventually grossing \$96,000,000 worldwide following its theatrical release in the United States.^[1] In addition, the picture was awarded by the [British Comedy Award](#) for Best Comedy Film, and spawned [ALFS Award](#) [Empire Award](#), [Satellite Award](#) and [Golden Globe](#) nominations for Mirren and Walters respectively.^[3]



Who Knew Gods and Idols had Horses ?
Arion.....Hercules
Hippocampus.....Neptune
Kantaka.....Buddha
Haizum.....Archangel Gabriel
Trigger.....Roy Rogers

CALENDER

APRIL

Sunday	Mon	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Craft Club 10:00 AM	2 "BIRDS" Practice 5:00	3	4
5 Jesse Davis "Mindless Menace of Violence" and Rebecca Ricks RE: Destiny Disrupted	6	7 Jason's Music Studies 4:00	8 Women's Club at Pat Jobin's 10:00 AM	9 "BIRDS" Practice 5:00	10	11
12 Sing Along with LauraLee and Oliver WS: Subliminal	13	14	15 Craft Club 10:00 AM	16 "BIRDS" Practice 5:00	17	18
19 Linda Puckett and Rebecca Ricks RE: Destiny Disrupted	20	21 Jason's Music Studies 4:00	22 Women's Club at Ann Hair's 10:00 AM	23 "BIRDS" Practice 5:00	24 Fourth Friday Movie: "Calendar Girls". Dinner at 6pm and movie at 7pm	25
26 "Giraffe Ears" with Annie Showalter and D Marion WS: Subliminal	27	28	29	30 "BIRDS" Practice 5:00		

RE = Religious Exploration. 1st and 3rd Sundays 9:00 to 10:00AM

WS = Wisdom Seekers. 2^{ed} and 4th Sundays 9:00 to 10:00AM

