

InSpirit
Unitarian Universalist
Church of
Hot Springs
100 Norwalk
Norwalk and Spring St



Located at the corner of Norwalk and Spring St Hot Springs, AR 71914-3095
501-625-3095 WWW.uuchurchhotsprings.org

The UU church of Hot Springs is a certified *Welcoming Congregation*. We welcome you, whoever you are, or whatever the birthplace of your ancestors. We welcome you whether you are young or old, man or woman. We welcome you no matter what your spiritual beliefs or physical needs. We welcome you, whomever you love. May you find the warmth and connection you seek.

OCTOBER 2014
THEME FOR OCTOBER IS FORGIVENESS

Oct 5 Michelle Crandell - Forgiveness

Oct 12 Cheryl Batts - Forgiveness

Oct 19 Pat Jobin - Forgiveness

Oct 26 Bud Hearn



Forgiveness is not always easy. At times, it feels more painful than the wound we suffered, to forgive the one that inflicted it. And yet, there is no peace without forgiveness.

Marianne Williamson

PRESIDENT'S NOTE:



We have recently passed from the steaming days of summer into the milder days and nights of fall and although the leaves have not actually started falling yet, at least in my area, they no doubt soon will be. You know the problem with being older is that whenever you start to write about traditions you frequently end up remembering how they were when you were younger. Take Halloween for example. When I was a child in Dallas Halloween night was a big deal. Every single child was out on the streets all over the town trick-or-treating. What's more only the youngest were accompanied by their parents the rest were allowed to go by themselves or with friends. Compare that to today. Today only certain select areas receive trick-or-treaters. Parents drive their kids to these areas and accompany them until

they are 12 or 13 years old. Seems everyone is just so afraid these days. It's too bad. Wonder if when my grandkids get older they will look back upon this time and consider it to be "the good old days". There's talk we may be having a church Halloween party this year. That would be nice. We will keep you informed if it develops. Also we will be having our Rummage Sale Friday the 21st and Saturday the 22nd of November. That's the weekend before Thanksgiving. We will set up for it on the 19th and 20th. This should work out well as Sunday the 23rd is the Thanksgiving gala with the Village Church so we'll have plenty of time to get the church cleaned up before our next program.

Oliver Driver
Congregation President



Guest at Your Table

Guest at Your Table is in its 40th year! A season of harvest and gratitude -- a time for many special gatherings--is upon us. This year **Guest at Your Table** is highlighting grassroots partners who are leading innovations in sustainability. Each year, involvement in **Guest at Your Table** has grown--strengthening UU connections to our shared principles and helping to challenge injustice throughout the world. UU congregations in the United States and around the world participate in this important annual tradition. They come together, learn about people directly connected to human rights work, and raise funds to support this work. Together, members of these congregations inspire people to join UUSC and help raise funds to support our shared vision.

A special collection will be taken in November in support of **Guest at Your Table**.

Crafts Club

UUCHS Crafters meet the 1st and 3rd Wednesday at 10:00 at the church. Folks bring all sorts of crafts to work on: knitting, crocheting, weaving, jewelry making, sewing, painting, and others. *Perhaps even photography.* Men and women come together to share projects and help each other learn new skills. Of course, the fellowship is most important, too.



Annual Gently Used Goods Sale November 21st and 22nd

We will hold our Annual (Rummage) Gently Used Goods Sale on Friday, November 21st and Saturday, November 22nd. While doing your Fall cleaning, house, yard and garage, please think of others who may desire and also benefits from your saved treasures and donate them, to the church sale. .

Good sellers in the past have been:

- **Basic linens: towels, sheets, blankets and pillows**
- **Tools, sports gear, lawn care items**
- **Electronic items - TV's, radios, appliances**
- **Furniture- chairs, small tables, bookshelves, futons**
- **House wares, dinnerware, small appliances**
- **Children's toys and games**
- **Jewelry, Books, Clothing, mirrors and Christmas items.**

You may bring smaller items to the church and put them in the storeroom across from the Library. Larger items such as furniture and TV's, please hold on to them for now. We will arrange for a time to bring them to church or have someone pick them up nearer to the sale date.

Co-Chairs -

Pat Jobin (760-6030) and

Dorothy Clark (318-3210 or 760-1264 h)

WOMEN'S CLUB

UUCHS Women's group meets the 2nd and 4th Wednesday at 10:00. We go to different homes each time and the topic of discussion varies. Conversations are always stimulating and informative. Watch your email for locations and topics each time. Light refreshments are usually served by the hostess.

The last Wednesday of September the UU Women's

Group met at Jane Hufstedler's home. We were delighted by instructions in Floral Arranging led by Joe Sturgill, Interior Designer. Joe arrived with buckets and baskets of flowers and proceeded to create arrangements that had everyone oohing and aahing. Joe used combinations of flowers and plants not usually thought of in cut flower arrangements, like a delightful bouquet with Red roses and pink caladium leaves. We learned a lot and enjoyed the fellowship of this unique group of ladies. There were fourteen members in attendance plus Cheryl Batts, a special guest of Jane's.



For October

The second Wednesday in October (Oct 8) will be at Carol Stanfill's home, 97 Woodland Springs Drive, Mount Ida (on the Garland County/ Montgomery County line)

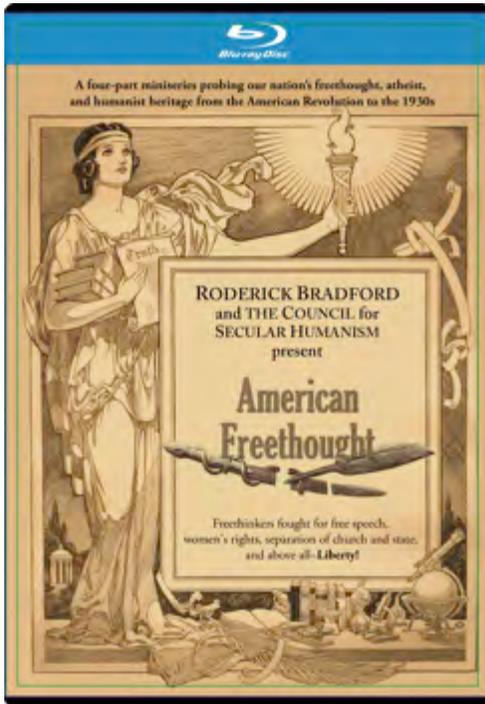
Theme, "getting to know the group". No advanced preparation or thought needed this time. I hope you can all attend. You may want to carpool, since we live 18 miles west of Hot Springs. Respond to this email, please, if you can drive others.

Directions: head west on Hwy. 270 from Albert Pike Road in Hot Springs. About 17 miles down the highway, you will come to the Montgomery Co. line. It's the next right, about 4/10 of a mile from the county line. Follow Woodland Springs up the hill, turning right whenever you have a choice. We have a black iron gate with the 97 on it.

So, ladies, you know you will want to take a nice fall drive to see the colors, they are just starting now, so I hope they will be beautiful by the 2nd Wed. in October.

Religious Exploration
The Religious Exploration Classes / Discussion Group
1st and 3rd Sundays at 9:00

The Religious Exploration Group will be viewing the documentary “American Freethought”.



Freethinkers fought for free speech, women's rights, separation of church and state, and above all - liberty.

Introducing a major new 4-part documentary exploring the history of secularism and censorship in America.

Part 1: The founding of the nation, rich in religious contradictions. (Ethan Allen, Thomas Jefferson, Thomas Paine, Elizur Wright, Lucretia Mott)

Part 2: The abolition movement seeds the women's rights and freethought movements. (Elizabeth Cady Stanton, Matilda Joslyn Gage, Charles Darwin,

Anthony Comstock, D.M. Bennett, Robert Green Ingersoll)

Part 3: The mainstream press and the alternative press. (Victoria Woodhull, *The Truth Seeker*, Thomas Huxley, Abraham Lincoln, National Liberal League, National Defense Association (ACLU), Edward B. Foote, Ezra Heywood, D.M. Bennett)

Part 4: Rise of Roman Catholicism. (Sunday Laws, Haymarket tragedy, McKinley assassination, WWI, Emma Goldman, Scopes Trial, Clarence Darrow, William Jennings Bryan, *Godless Girl*, H.L. Mencken, Billy Sunday)

Each **Part** is an hour long so we'll be breaking them into two sessions so we'll have enough time to discuss what we've just seen. This series should take us through the end of the year, but you don't have to start at the beginning to come and participate. I already have an opinion and haven't seen the first one yet. Come join us and share your opinion.

Your Opinion Is Not Only Welcomed But Sought.

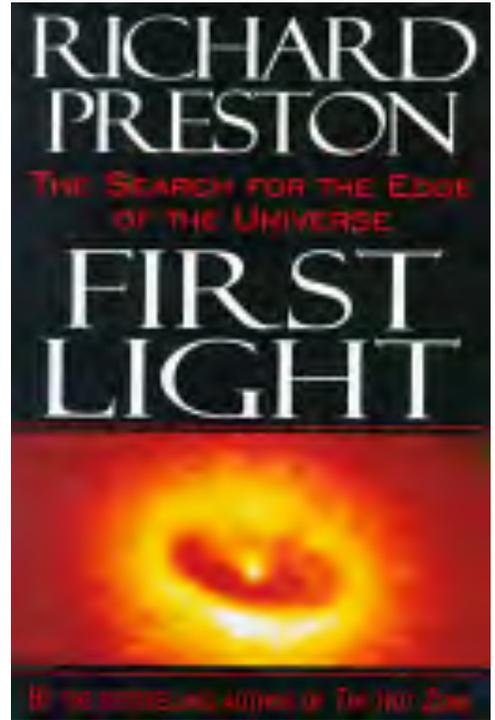
Always forgive your enemies - nothing annoys them so much.

Oscar Wilde



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Wisdom Seekers Book Group
Meet on the 2nd and 4th Sundays
From 9 to 10

First Light is perhaps the best book about astronomy ever written. It tells the story of the men and women at the Palomar Observatory in the San Gabriel Mountains of California who peer through the amazing Hale Telescope at the farthest edges of space, attempting to solve the riddle of the beginning of time. "Science is a lot weirder and more human than most people realize", Preston writes in his foreword to this revised and updated edition of his first book, and he skillfully weaves together stories of the eccentricities of his characters and the technical wonders of their work to create a riveting narrative about what scientists do and why they do it. The telescope itself is the main character. It is huge, seven stories tall, the heaviest working telescope on earth, with a mirror that is two hundred inches wide and took fourteen years to cast and polish. The telescope is used by astronomers like James E. Gunn, a "gadgeteer" who scavenges for junk parts and fashions them into sensitive instruments he uses to look into the glittering depths of the universe. Preston's rendering of the obsessions and adventures of Gunn and his colleagues is a witty and illuminating portrait of scientists in action and a luminous story of what modern astronomy is all about.



Come and join us even if you haven't read the book. The discussion is always more interesting than the book itself. We always have a good time. Please come and join us.



Notice: The Hot Springs Gay Pride Group meet at the Unitarian Universalist Church of Hot Springs on 2nd Sunday of the month at 7pm. All are welcome.

PROGRAMS

“Everyone says Forgiveness is a lovely idea...until they have something to forgive.” C.S. Lewis

We hope that you will be able to commit to the month of October, as it is the month of many wonderful talks on “Forgiveness.” I love the quote by C. S. Lewis. It reveals what is often the case when one forms opinions not based on one’s actual experience.

We welcome back, Michelle Crandell, our first guest speaker, to share her knowledge and experience with Forgiveness. The second Sunday will feature our friend and also excellent speaker, Cheryl Batts. Our very own Pat Jobin, has agreed to do an interactive service on Forgiveness the third Sunday and will invite us to share personal experiences with Forgiveness. Closing the month will be our dear part-time minister, Rev. Bud Hearn. Bud always brings fresh material that leaves us wanting more.



We have a great fourth quarter to look forward to, thanks to our own members who have agreed to Plan, Lead and Deliver services for us. We are so fortunate to have so many willing and very able folks in our small congregation. I always regret having to miss even one service a month. You never know what it may turn out to be and we have had some wonderful surprises. Thanks for supporting me as your leader of programs. I could never pull it off without your patience and support.

Jane

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Programs for November

November –Thanksgiving

11/2 Harp Service with Rebecca and Joe

11/9 Honoring Veterans - John Nino

11/16 Bud Hearn

11/23 [Thanksgiving and Potluck with the UUVillage Church](#)

11/30 Sharing our Thanksgiving Stories with Jane followed by short Congregation Meeting.

Please note that we will not have a service at our church on Sunday Nov 23, as we will be joining our sister church in Hot Springs Village. There will be more details to follow on this event later in the month.

"Coping with Grief and Loss Workshop"

The public is invited to attend a "Coping with Grief and Loss Workshop" to be held at the Unitarian Universalist Church of Hot Springs, 100 Norwalk St. on three consecutive Tuesdays in October; October 7, 14 and 21 from 1:00pm-2:30pm.

Michelle Crandell, LCSW, a psychotherapist in private practice, living in Hot Springs, will lead the workshop. She has thirty seven years experience as a counselor and educator.



One does not have to have experienced the death of a friend or loved one to benefit from the workshop, as group attendees will be given skills needed to help overcome any life change experienced as a loss.

Each session will cover an issue related to overcoming grief and loss. Attendees may come to any or all of the sessions. A \$10 offering is suggested but not required for those unable to pay. The participants will be offered the opportunity to continue the process with a Coping with Grief and Loss Group, that will meet monthly beginning in November.

The time and day will be determined using input from the participants who will form the new monthly group.

We must develop and maintain the capacity to forgive. He who is devoid of the power to forgive is devoid of the power to love. There is some good in the worst of us and some evil in the best of us. When we discover this, we are less prone to hate our enemies.

Martin Luther King, Jr.



JOB POSTING! JOB POSTING! JOB POSTING!

Community Outreach Chair

Our church is in need of a member to fill the role of sub-committee chair of community outreach for our church. This responsibility falls under the Values in Action chair who also has responsibility for Sunday programs. The work required to ensure quality Sunday programs is taking all the time our current chairperson can manage and therefore Community Outreach is neglected. We have a strong commitment to Community Outreach as Unitarian Universalists and as the church in Hot Springs. What we are proposing is that the Community Outreach Chair as part of Values in Action, would simply take ownership for Strategy 3 of the VIA Strategic Plan which states:

Strategy 3:

What: Identify and support community outreach programs that are in keeping with UU Principles and reflect our congregational values of Social Action and Caring.

COMMUNITY/GLOBAL OUTREACH: \$2,500

Budget to support social action initiatives in our community for causes such as:

- Langston School
- AIDS Resource Center
- Safe Haven
- Habitat for Humanity
- REGARD

When: Summer 2014 through end of fiscal year

Who: Primary responsibility is Sub-Committee Chair, supported by VIA Chair, Committee members, other church members who volunteer to provide services.

The duties include:

- Getting input from other members that can be accomplished in a number of ways like calling meetings of interested members or conducting interviews, etc.
- Determining the greatest needs by interviewing organizations that we have supported in the past and qualifying the need to determine if we can help.
- Being open to other needs not previously identified.
- Preparing a report/request for the Board to receive approval to proceed with the request.
- Coordinating the implementation of request by getting other members involved.

Attending monthly board meetings (non-voting member) to represent Community Outreach.

We think that forgiveness is weakness, but it's absolutely not; it takes a very strong person to forgive.

T. D. Jakes



Great News for October! We are going to have a Halloween Party! Jane and Geary have graciously agreed to be our hosts. It will be: Friday, October 31.

Time: 3:00 to 6:00 PM (So we can get home before the Kids)

If every one brings their favorite snack to share and something to drink we won't put to much burden on the Hufstedlers.

Costumes Optional! See you there!

All major religious traditions carry basically the same message, that is love, compassion and forgiveness the important thing is they should be part of our daily lives.

Dalai Lama



October Calendar Summary of Additional Activities

Date	Day	What	Where	When
1	Wed	Craft Club	Church	10:00
7	Tuesday	Grief Workshop	Church	1:00 -2:30
8	Wed	Womens' Group	Carol Stanfiell	10:00
11	Saturday	Circle Supper	TBD	TBD
14	Tuesday	Grief Workshop	Church	1:00 – 2:30
15	Wed	Craft Club	Church	10:00
21	Tuesday	Grief Workshop	Church	1:00 -2:30
22	Wed	Womens Group	TBD	10:00
24	Friday	Movie and Pot-Luck	Church	6:00