



InSpirit

Unitarian Universalist Church of Hot Springs 100 Norwalk

Located at the corner of Norwalk and Spring St Hot Springs, AR 71914-3095
501-625-3095 WWW.uuchurchhotsprings.org

The UU church of Hot Springs is a certified *Welcoming Congregation*. We welcome you, whoever you are, or whatever the birthplace of your ancestors. We welcome you whether you are young or old, man or woman. We welcome you no matter what your spiritual beliefs or physical needs. We welcome you, whomever you love. May you find the warmth and connection you seek here.

THEME FOR NOVEMBER IS GRATITUDE

- 3 "30 Days of Gratitude" with Denise Marion, music by Laura Lee Williard
- 10 Geary Hufstedler, Veterans Day Memories with Rebecca Ricks
- 17 Rebecca Ricks Harp Service with Joe Sturgill
- 24 Thanksgiving Service and Lunch at Hot Springs Village UU church (Service begins at 10:00am)

Carol Stanfill	President
Alan Clark	Treasurer
Dorothy Clark	Secretary
Pat Jobin	Membership
Jane Hufstedler	Values in Action



PRESIDENT'S NOTE:

November-Thanksgiving-Family

These are my thoughts as we go into the wonderful holiday season. I just love this time of the year!

I visit other U U churches on occasion, but I am always glad to come home to our "family-sized

church". Because we are small, we can accomplish so much more. I like being in charge, with no paid staff. We are all equal parts of this family.

Being in a small church does have its advantages, but it comes with more responsibility. You could sit back in a mega church and go unnoticed if you wished to do so. But, in a family church, we are all important members. If something needs to be done, it is up to us to do it. And I have seen members and friends of our church answer the call. We have people working on the board and on committees, volunteering in the kitchen and around the building, and representing our U U Church around the community. We have people living our covenant and principles every day. So, at Thanksgiving I would like to say a giant THANKS to all who participate with your thoughts, encouragement, work, and enthusiasm. Have a wonderful Thanksgiving and enjoy this beautiful autumn.

Namaste

Thanks to all for your contributions. And remember you can always contact me at [501-538-5816](tel:501-538-5816) or carolstanfill@yahoo.com.

Have a wonderful November,
Carol Stanfill, President of our Congregation

PROGRAMS



Dear Friends,

We have a change for the first Sunday in November, which is themed “Gratitude.” Denise Marion has the perfect service entitled “30 Days of Gratitude.” We welcome back Laura Lee Williard, as our guest musician, and Denise and Laura Lee will delight us with a surprise musical treat. Geary, John and Oliver, will share memories of their service days in an overall tribute to Veterans on the second Sunday. Rebecca Ricks will enchant us with her musical talent on the harp in a service led by Joe Sturgill, on Nov 17. On the last Sunday, Nov 24, in honor of Thanksgiving week, we will travel to the Village UU church to

continue our annual shared observance of Thanksgiving.

The busy season of holiday cheer and memories of old are here again. It is a season that we love and one that can also stress us out if we forget to pace ourselves and stop to enjoy the beauty that is the season. Like this beautiful autumn we are having in our lovely hometown. We have beautiful and heartfelt services to offer as well. Please take the time to come and celebrate gratitude with us this month.

Thanksgiving With Our Sister Church in the Village

Continuing our tradition, we will join the Village church for a Thanksgiving service on Sunday, November 24, at 10:00am. Rev Dr. Bud Hearn will deliver the Thanksgiving message and the Birds will join the Village Choir. We hope that you will come and also stay for the wonderful lunch to be served after the service. The Village Church is furnishing the Turkey and Ham and we are asked to bring a dish of our choice, hot or cold. We will organize carpooling for those that are interested.

Thanks to all who support our church and especially to those who support our Sunday service planning and delivery. It is a big job and one that I could never perform without the support of each of you. Whether you are a frequent contributor or simply provide feedback I appreciate you!!

Jane

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“After a good dinner one can forgive anybody, even one's own relations.”

— Oscar Wilde, *A Woman of No Importance*

Thanksgiving Day Dinner at the Nino's.

Thanksgiving Day Dinner at the Nino's.

This year, Hazel and John will host a Thanksgiving Day Dinner for all members of the UU Church of Hot Springs. They will provide Turkey and Ham. Details for the remainder of the meal will be worked out later.

Dust off your favorite holiday recipe(s) and get ready.



Thirty Days of Change

Here is one way to enrich your life and create a more meaningful Thanksgiving: Write down one thing for which you are grateful every day, for thirty days. Imagine if you began now and continued through the whole holiday season, then right into the new year...

You may want to begin by writing just one or two words: *"clean windows," "rain,"* or *"Aunt Betty."* If you want to add more depth, write why you are grateful, or what specifically brought this gratitude to your attention. For example: *"I'm grateful for my partner. He inspires me to be persistent. Last night he finished his sourdough proofing box and I admire his determination."*

If you would like companionship, connection or support during our 30-day change, talk with Denise Marion or other UUCHS members and friends about your experience. And join us at the 10:30 service on November 3 for a joyful, heart-swelling expression of gratitude.

Denise Marion

Guest at Your Table

Guest at Your Table has been an important part of UUSC and congregational culture since it began in 1975. Each year since, involvement in Guest at Your Table has grown--strengthening UU connections to our shared principles and helping to challenge injustice though out the world.

UU congregations in the United States and around the world participate in this important annual tradition. They come together, learn about people directly connected to human rights work, and raise funds to support this work. together, members of these congregations inspire people to join UUSC and help raise funds to support our shared vision.



A special collection will be taken in November in support of Guest at Your Table.

Dorothy M. Clark

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Thank you, dear God, for this good life and forgive us if we do not love it enough. Thank you for the rain. And for the chance to wake up in three hours and go fishing: I thank you for that now, because I won't feel so thankful then.

Garrison Keillor

“Someday you'll remember what I said and you'll thank me for it.”

Francie wished adults would stop telling her that. Already the load of thanks in the future was weighing her down. She figured she'd have to spend the best years of her womanhood hunting up people to tell them that they were right and to thank them.”

— Betty Smith, *A Tree Grows in Brooklyn*



Movie Night 4th Friday

Friday, November 22
Pot Luck at 6:00, Movie at 7:00
1 hour 5 minutes

Dean Spanley



Storyline

In the very early 1900s, Henslowe Fisk ([Jeremy Northam](#)) lives beholden to his father, the difficult Horatio Fisk ([Peter O'Toole](#)). The Fisk family has suffered first the loss of its younger son, Harrington Fisk shortly followed by the death of Horatio's wife. Fisk Senior is looked after by his housekeeper Mrs Brimley who has lost her husband. Fisk Junior reluctantly visits his father every Thursday.

One day, trying to entertain his father, Fisk Junior brings him to a lecture by a visiting [swami](#) about the [transmigration](#) of souls. The lecture is also attended by the new local clergyman, Dean Spanley ([Sam Neill](#)).

Later the same day Fisk Junior encounters the Dean at his father's club. A chance third meeting leads to an introduction. Fisk Junior, initially intrigued by the Dean's oddly open-minded views on reincarnation, is prompted to look beyond the Dean's appearance (that of an affable, rather bland clergyman) by his weakness for certain peculiar sensations produced by Hungarian Imperial [Tokay](#) wine, which leads him into a dreamlike state. Working with his clever friend Wrathier ([Bryan Brown](#)), an Australian "[conveyancer](#)", Fisk secures a batch of Tokay and the two entertain the Dean, who acts ever more strangely, starting to reveal memories of his previous life — as a [Welsh Spaniel](#). These memories are acute and convincing, including rich feelings around food and communication with other canines, a deep distaste for cats and pigs, and the joy of serving his master. As the story unfolds, Fisk Junior comes to understand his father's background better and the two draw closer. —

This is really a fun movie. Has Religious and Reincarnation overtones. And there's something in it for dog lovers too.

Geary

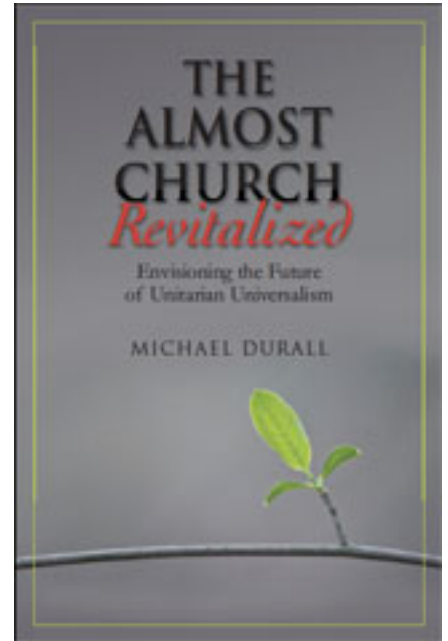
Wisdom Seekers
Meet on the 2nd and 4th Sundays
From 9 to 10

Wisdom Seekers have selected: **The Almost Church Revisited** by Michael Durall. A controversial UUA look at who UU's are and where we're going, or not.

In the Introduction the author says:

This is an uplifting book. Most readers of *The Almost Church* found my challenges to Unitarian Universalism's sacred cows engaging and thought-provoking. But others felt I was negative, not offering suggestions about how to do things better. This book contains scores of ideas that will help UU congregations become more influential in their communities and more effective in achieving their hopes and dreams.

My intention in writing this book is to help clergy, lay leaders, and people in the pews understand more fully the nature and character of their congregations. In doing so, I hope they will become more adventurous, mischievous, and successful in their roles.



Regaining Balance: The Evolution of the UUA By Michael Werner (\$8 to purchase the Ebook at the HumanistPress website)

Another book we may want to consider for next time has been suggested by our long time Friends Bonnie and Jan Schlabowske. The author details the cultural, philosophical and political history of the Unitarian Universalist Association (UUA) especially in regards to Humanism and critical thinking. The evolution of the UUA from a focus on reason in religion to one of radical tolerance is described along with the loss on membership. Culturally important factors such as postmodernism, process theology, second wave feminism, value theory, new age, theological education, the "religious redefinition" game, population dynamics, and the age of narcissism in religion are brought together to show how multiple interacting forces have led to the UUA to ideological extremes of indiscriminate pluralism. The secular revolution is then described and possible solutions for the UUA going forward presented.

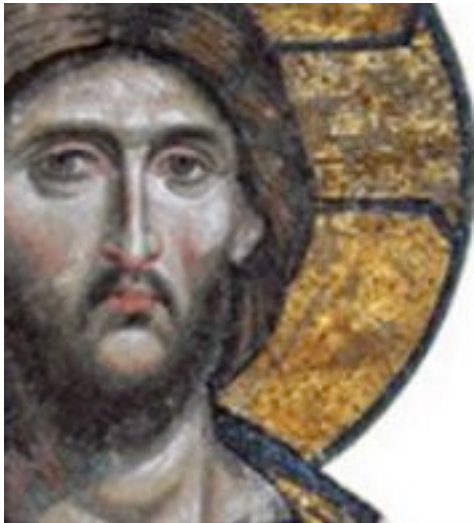


Michael Werner is an ardent Humanist and Unitarian Universalist having been past President of the American Humanist Association and held positions of responsibility in many other Humanist and UU organizations.

Religious Exploration

The Religious Exploration classes are on the 1st and 3rd Sundays at 9:00 with DVDs from Great Courses.

The Course is titled "**Jesus to Constantine**", by Bart D. Ehrman PhD.



Jesus to Constantine is a study of the first 300 years of Christianity. How it started as a small Jewish cult of an apocalyptic preacher, in a remote corner of the empire, to a major political and religious influence about that preacher.

The series has been very enlightening and

generated a lot of interesting dialog.

Everyone is invited to come join us. If you've missed some (or all) of the previous lectures, no problem, join us anyway. If you'd like you can catch up by viewing the missed DVD(s) on your own.



We will finish this series of video lectures in November and are looking for suggestions for new topics.

Please contact Carol or Geary (or anyone who you think might listen) with your idea and suggestion.



Notice: The Hot Springs Gay Pride Group meet at the Unitarian Universalist Church of Hot Springs on 2nd and 4th Sundays at 7pm. All are welcome.

THE GO-TO PEOPLE

. President	Carol Stanfill
. Membership chair	Pat Jobin
. Values in Action (Programs) chair	Jane Hufstedler
. Stewardship (Treasurer) chair	Alan Clark
. Secretary	Dorothy Clark
. Circle Suppers	Pat Jobin
. Fourth Friday Film	Claire Beam
. Grounds, Street	Oliver Driver, Larry Field, Rocky Vannucci
. Kitchen	Claire Beam, Hazel Nino, Glenda Field
. Langston School	Jane States
. Church Library	Mary Arthur and Ann Hair
. Music and Sanctuary	Joe Sturgill
. Parliamentarian	Denise Marion, Dorothy Clark
. Sound A/V Equipment	Joe Sturgill, John Nino
. Membership directory	Geary Hufstedler
. InSpirit newsletter	Geary Hufstedler
. Local newspapers	Jane Hufstedler
. Mail	Alan Clark
. Historian, advisors	Betty Henderson, Oliver Driver, Jane States, Dorothy Clark
. Website, eMail	Carol Stanfill

December is Joy

- 12/1 Annual Christmas Sing-A-Long with Joe Sturgill and Rebecca Ricks
- 12/8 Bud Hearn and Dorothy Clark
- 12/15 A Message of Joy with Cheryl Batts, music by Rebecca Ricks
- 12/22 Christmas Service with Claire Beam
- 12/24 Annual Christmas Eve Service and Pot Luck with Joe Sturgill and Rebecca Ricks
- 12/29 Music Appreciation with Dane Thomas and Laura Lee Williard