



# InSpirit

## Unitarian Universalist Church of Hot Springs 100 Norwalk

Located at the corner of Norwalk and Spring St Hot Springs, AR 71914-3095  
501-625-3095 [WWW.uuchurchhotsprings.org](http://WWW.uuchurchhotsprings.org)

The UU church of Hot Springs is a certified *Welcoming Congregation*. We welcome you, whoever you are, or whatever the birthplace of your ancestors. We welcome you whether you are young or old, man or woman. We welcome you no matter what your spiritual beliefs or physical needs. We welcome you, whomever you love. May you find the warmth and connection you seek here.

## THEME FOR OCTOBER IS FORGIVENESS

- 6 Bonnie Schlabowske, "Humanism, UU and Me!"
- 13 Denise Henderson, "Forgive and Forget"  
Alan Clark Lay Leader with Rebecca Ricks
- 20 Bud Hearn, Ann Hair Planner and Lay Leader, with Rebecca Ricks
- 27 Jazz Service Clyde Pound and Company  
Lay Leader Oliver Driver

|                 |                  |
|-----------------|------------------|
| Carol Stanfill  | President        |
| Alan Clark      | Treasurer        |
| Dorothy Clark   | Secretary        |
| Pat Jobin       | Membership       |
| Jane Hufstedler | Values in Action |



## PRESIDENT'S NOTE:

October! and it feels like fall. Both my kids were born in October, so it's a special month for me. After living in the Colorado aspen gold for 30 years, I must admit: the falls are more beautiful in Arkansas. We have so many different hues, not just gold.

Jane has some great programs lined up for Sundays this fall. Don't miss our annual Jazz Sunday in October. We have so much talent and so many interesting stories in our congregation, that I don't miss having a paid minister at all. I try not to ever miss a Sunday.

Watch your email for information on Sunday programs and other fun ways to fellowship, like Circle Suppers and Fourth Friday Film Fest. Thanks to all who help organize and all who participate!

I'll collect some water from the Pacific Ocean, as I set sail on a 7-day cruise the first week of October. I am already thinking about Water Communion next year.

Thanks to all for your contributions. And remember you can always contact me at [501-538-5816](tel:501-538-5816) or [carolstanfill@yahoo.com](mailto:carolstanfill@yahoo.com).

Have a wonderful October,  
Carol Stanfill, President of our Congregation



"Life is short, Break the Rules.  
Forgive quickly, Kiss SLOWLY.  
Love truly. Laugh uncontrollably  
And never regret ANYTHING  
That makes you smile."  
- Mark Twain

# Introducing New Member



In September our newest member Casey Linehan signed the Book. We are very happy to welcome her into our little congregation. In the December issue of the InSpirit we'll have a short Bio on Casey so we can get to know her better.

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"Forgiveness is the name of love practiced among people who love poorly. The hard truth is that all people love poorly. We need to forgive and be forgiven every day, every hour increasingly. That is the great work of love among the fellowship of the weak that is the human family."

— Henri J.M. Nouwen

"Forgive the past. It is over. Learn from it and let go. People are constantly changing and growing. Do not cling to a limited, disconnected, negative image of a person in the past. See that person now. Your relationship is always alive and changing."  
— Brian L. Weiss (Messages from the Masters: Tapping Into the Power of Love)



# PROGRAMS



Dear Friends,

October is all set to be another month of truly inspirational and thought provoking services. Bonnie Schlabowske, will lead us off with a service she calls, "Humanism, UU and Me." Bonnie will trace the history of the Humanist movement from its Unitarian roots in the early twentieth century, through its strong influence in UU congregations for over seventy years, to its more recent decline in influence within the Unitarian Universalist Association. There will be an opportunity for dialogue after her talk.

Denise Henderson, has prepared a service focused on "Forgiveness, " and it is one you will not want to miss as she shares what she learned from the book, "Forgive and Forget, Healing the Hurts We Don't Deserve." Bud Hearn will be back on Oct 20 to share his thoughts with us. He always prepares a good talk. And then the grand finale will be on Oct 27, as Oliver Driver, will present our annual Jazz Service with Clyde Pound and Company. As is also our tradition we will have a pot luck. Since it is Oktoberfest we are planning a "Beer and Brats" potluck. Geary will bring his grill and will keep the Brats flowing so long as we keep eating. Should be a great fall day and we sure hope you will come and bring your friends to this great UUCHS event!

Looking ahead to November; on the first Sunday, I will do a service based on Thanksgiving letters from the book, Women's Letters: America from the Revolutionary War to the Present, by Lisa Grunwald, and Geary will do the Veteran's Day service on Nov 10. We are in for a special treat on Nov 17 when Rebecca Ricks, along with Joe Sturgill, will present a service of Harp selections and readings. We close the month on Nov 24 as we travel to the UU village church to share a service and Thanksgiving meal with them. The Birds will join their choir for the Thanksgiving music selections. Watch for more details about what we are to bring to support the lunch and carpooling plans, as we get closer to the date.

Thanks to all who support our church and especially to those who support our Sunday service planning and delivery. It is a big job and one that I could never perform without the support of each of you. Whether you are a frequent contributor or simply provide feedback I appreciate you!!

Jane

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Always forgive your enemies; nothing annoys them so much.  
- Oscar Wilde



# Annual Rummage Sale

We will hold our annual rummage sale on **November 7, 8 and 9**. At this point our primary focus is gather all the items that each of us has around the house that need to be released into the universe for others to enjoy for a while. So get busy with your fall clean out and lets make it a big success! We will take almost anything that is in good condition, and here is a list of items we have found sold well in the past:



- Basic linens: towels, sheets, blankets, curtains
- Tools, sports gear, lawn care items
- Electronic stuff, TV's, radios, appliances
- Furniture, chairs, futons, bookshelves
- Small tables
- House wares: Small appliances, dinnerware
- Children's toys and games
- Jewelry, Books, Clothing, mirrors, and pillows

You may bring smaller items to the church and place them in the storeroom across from the Library. If you have large furniture items, or TVs, please hold on to them if possible for now. If this is not possible we may be able to fit a few items in the around our building.

**Please let Oliver, 767-6834, or Geary, 687-3440, know if you need help with transporting larger items.**

We will have a sign-up sheet downstairs for those of you who are willing and able to help with either set-up Mon, Nov 4-Wed, Nov 6, or the sale itself, Thur, Nov 7- Sat, Nov 9. We will also need after sale help to put the church back in order for Sunday. Currently, our plan is to donate what does not sell to Habitat, which is what we did last year.

# Movie Night

## 4<sup>th</sup> Friday

Friday, October 24  
Pot Luck at 6:00, Movie at 7:00  
1 hour 5 minutes

# Terri

Our new friend Judy Walters recommended this movie. It presents a unique spin on the classic coming-of-age film that keeps you interested throughout the movie.

Sensitive, overweight and awkward, **Terri** is painfully aware that his circumstances put him irredeemably outside the inner circle of high school life. Resigned to his outsider status, **Terri** is surprised when his tough-talking high school vice principal, Mr. Fitzgerald, takes an interest in him. Under Mr. Fitzgerald's tutelage, **Terri** befriends a pair of fellow misfits, Chad an edgy loner whose rebellion masks his own insecurities, and Heather, a sexually precocious girl whose beauty proves to be a trap of its own. The three teenagers, so different on the surface, but all outcasts in the rigid high school hierarchy, find an unexpected, imperfect bond that reflects the tenuousness, of the adolescent experience.



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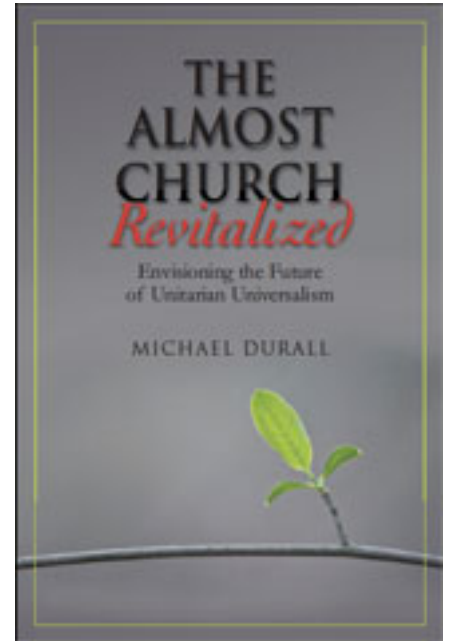
**Wisdom Seekers**  
**Meet on the 2nd and 4<sup>th</sup> Sundays**  
**From 9 to 10**

**Wisdom Seekers** have selected: **The Almost Church Revisited** by Michael Durall. A controversial UUA look at who UU's are and where we're going, or not.

In the Introduction the author says:

This is an uplifting book. Most readers of *The Almost Church* found my challenges to Unitarian Universalism's sacred cows engaging and thought-provoking. But others felt I was negative, not offering suggestions about how to do things better. This book contains scores of ideas that will help UU congregations become more influential in their communities and more effective in achieving their hopes and dreams.

My intention in writing this book is to help clergy, lay leaders, and people in the pews understand more fully the nature and character of their congregations. In doing so, I hope they will become more adventurous, mischievous, and successful in their roles.



***Regaining Balance: The Evolution of the UUA*** By Michael Werner (\$8 to purchase the Ebook at the HumanistPress website)

Another book we may want to consider for next time has been suggested by our long time Friends Bonnie and Jan Schlabowske. The author details the cultural, philosophical and political history of the Unitarian Universalist Association (UUA) especially in regards to Humanism and critical thinking. The evolution of the UUA from a focus on reason in religion to one of radical tolerance is described along with the loss on membership. Culturally important factors such as postmodernism, process theology, second wave feminism, value theory, new age, theological education, the "religious redefinition" game, population dynamics, and the age of narcissism in religion are brought together to show how multiple interacting forces have led to the UUA to ideological extremes of indiscriminate pluralism. The secular revolution is then described and possible solutions for the UUA going forward presented.

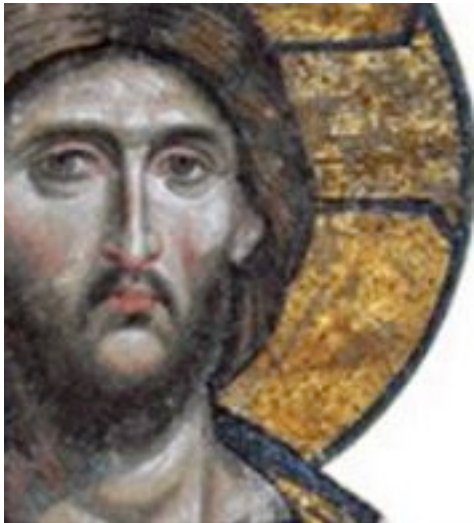


Michael Werner is an ardent Humanist and Unitarian Universalist having been past President of the American Humanist Association and held positions of responsibility in many other Humanist and UU organizations.

## Religious Exploration

The Religious Exploration classes are on the 1<sup>st</sup> and 3rd Sundays at 9:00 with DVDs from Great Courses.

The Course is titled "**Jesus to Constantine**", by Bart D. Ehrman PhD.



Jesus to Constantine is a study of the first 300 years of Christianity. How it started as a small Jewish cult of an apocalyptic preacher, in a remote corner of the empire, to a major political and religious influence about that preacher.

The series has been very enlightening and

generated a lot of interesting dialog.

Everyone is invited to come join us. If you've missed some (or all) of the previous lectures, no problem, join us anyway. If you'd like you can catch up by viewing the missed DVD(s) on your own.



Notice: The Hot Springs Gay Pride Group meet at the Unitarian Universalist Church of Hot Springs on 2nd and 4th Sundays at 7pm. All are welcome.



# THE GO-TO PEOPLE

|                                |  |
|--------------------------------|--|
| 1. President - emails, Website | Carol Stanfill   |
| 2. Circle Suppers              | Pat Jobin  |
| 3. Fourth Friday Film          | Claire Beam  |
| 4. Grounds, Street             | Oliver Driver, Larry Field, Rocky Vannucci                 |
| 5. Kitchen                     | Claire Beam, Hazel Nino, Glenda Field                      |
| 6. Langston School             | Jane States  |
| 7. Church Library              | Mary Arthur and Ann Hair                                   |
| 8. Music and Sanctuary         | Joe Sturgill   |
| 9. Parliamentarian             | Denise Marion, Dorothy Clark                               |
| 10. Sound A/V Equipment        | Joe Sturgill, John Nino                                    |
| 11. Membership directory       | Geary Hufstedler   |
| 12. President                  | Carol Stanfill   |
| 13. Membership chair           | Pat Jobin  |
| 14. Values in Action chair     | Jane Hufstedler  |
| 15. Stewardship chair          | Alan Clark   |
| 16. Secretary                  | Dorothy Clark  |
| 17. Inspirit newsletter        | Geary Hufstedler   |
| 18. Local newspapers           | Jane Hufstedler  |
| 19. Mail                       | Alan Clark   |
| 20. Historian, advisors        | Betty Henderson, Oliver Driver, Jane States, Dorothy Clark |

## November is Thanksgiving

- 3 Jane Hufstedler, Thanksgiving Origins
- 10 Geary Hufstedler, Veterans Day Service with Rebecca Ricks
- 17 Rebecca Ricks Harp Service with Joe Sturgill
- 24 Joint Thanksgiving Service at the Unitarian Universalist Village Church



"Forgive, O Lord, my little jokes on Thee  
And I'll forgive Thy great big one on me."

— Robert Frost