



InSpirit

Unitarian Universalist Church of Hot Springs

Located at the corner of Norwalk and Spring St Hot Springs, AR 71914-3095
501-625-3095 WWW.uuchurchhotsprings.org

The UU church of Hot Springs is a certified *Welcoming Congregation*. We welcome you, whoever you are, or whatever the birthplace of your ancestors. We welcome you whether you are young or old, man or woman. We welcome you no matter what your spiritual beliefs or physical needs. We welcome you, whomever you love.

May you find the warmth and connection you seek here.

THEME FOR JULY IS FREEDOM

- 7 Liberal Religion and Core Values - Ann Hair**
- 14 Blueberry Pancake Sunday hosted by Linell and Scott Lasiter**
- 21 Sing Along with Joe and the Birds**
- 28 My Journey to India and Beyond- Niko Walker**

“People demand freedom of speech as a compensation for the freedom of thought which they seldom use.” — **Søren Kierkegaard**



Carol Stanfill	President
Alan Clark	Treasurer
Dorothy Clark	Secretary
Pat Jobin	Membership
Jane Hufstedler	Values in Action



PRESIDENT'S NOTE:

I write this time from UUA General Assembly in Louisville, KY. A new UUA Moderator was elected tonight, June 22. I think Jim Key will be a great leader. Tamara is also very capable. I expect she'll take on another leadership role with UUA. Jim won by only 40 votes, with just over 1000 votes cast. I have learned a lot about our UU governance procedures, as we have voted on resolutions, amendments, and officers. I am glad to have gotten to know the outgoing moderator, Gini Courter. Her leadership style is so entertaining, she makes business meetings fun! And she knows the rules of complex parliamentary procedure so well. The speakers and break-out sessions have been most helpful. I think it's such a good idea for our members to travel and have conversation with other UUs. I have been truly impressed to see all the good work UUs are doing here and around the world. I don't like to be away from our terrific Sunday services, but being with over 3200 fellow UUs from around the country is really exciting.

Good things will be happening in our church. You can keep in touch by email, Facebook, and our webpage.

Namaste,
Carol Stanfill, President

PROGRAMS

-Services for June - Courage

Thank you for your vote of confidence in electing me to be your Values in Action Chair person for another year, which begins July 1. The committee and I have worked to make our services welcoming and meaningful. Every one of you have played a part in supporting our efforts, by filling the role of planner, lay leader, speaker, singer, musician, poet and by simply coming each Sunday to be a part of this special community. Many of our best ideas for programs have come from you and we hope that you will continue this year to give us your feedback; suggestions for improvement as well as where you think we are hitting the mark.

We will be trying some new things this year. One was to reintroduce the “Greeting” which we started last Sunday. We will also have more “Q and A” at the conclusion of talks where appropriate. Another is to have more songs that become a part of the service each week, like the ingathering, meditation and closing. We will likely rotate these songs on a seasonal basis.



We are looking for more singers to join the Birds, so please join us if you can. July’s theme is “Freedom” and Ann Hair will start us off with “Liberal Religion and Core Values for the Modern World”. The second Sunday is the Blueberry Pancake Breakfast hosted by Scott and Linell Lasiter. Don’t miss it. It is a wonderful time of fun and fellowship and good food! On July 21 we will have a sing along with Joe and the Birds. Come and learn some new songs and enjoy old favorites. To close out the month on Freedom, our grandson Niko Walker, (Riley’s twin), will present his journey to India with slides and his reflections on a fascinating country.

August is still coming together, but so far we have Carol who will share her experiences from the UUA General Assembly on Aug 4, and Dane is preparing a very special music service for us on Aug 18.

We have openings in August if you have an idea let us know. See you Sunday!
Jane

“When fascism comes to America, it will be wrapped in the flag and carrying the cross.”

— Sinclair Lewis



Vacation Time

The Fields did a little kite flying. Each in their own way of course.

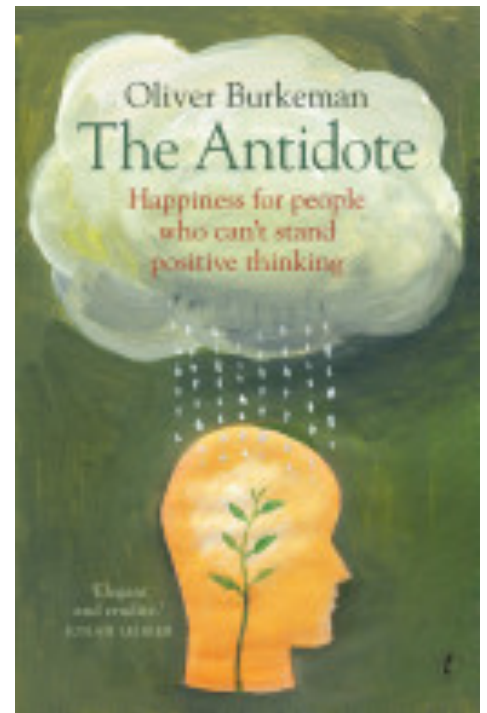


Wisdom Seekers
Meet on the 2nd and 4th Sundays
From 9 to 10

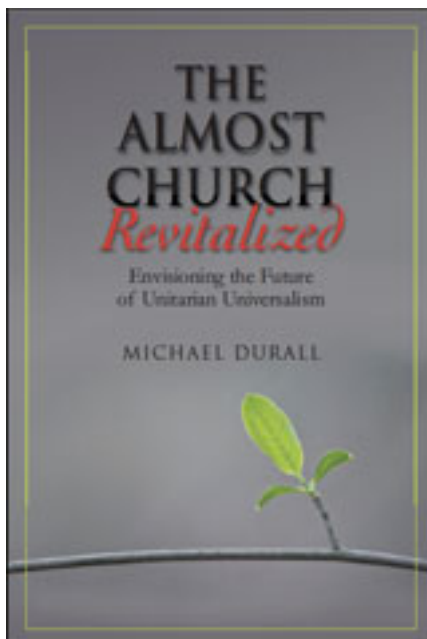
Wisdom Seekers have selected:

The Antidote: Happiness for People Who Can't Stand Positive Thinking,
By Oliver Burkeman.

From the Amazon review: “*The Antidote* is a series of journeys among people who share a single, surprising way of thinking about life. What they have in common is a hunch about human psychology: that it’s our constant effort to eliminate the negative that causes us to feel so anxious, insecure, and unhappy. And that there is an alternative “negative path” to happiness and success that involves embracing the things we spend our lives trying to avoid. It is a subversive, galvanizing message, which turns out to have a long and distinguished philosophical lineage ranging from ancient Roman Stoic philosophers to Buddhists.”



The Antidote will be discussed over the next few weeks

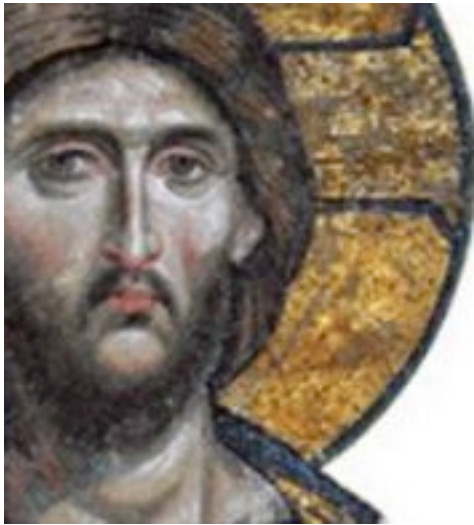


Next we'll look at, **The Almost Church Revisited** by Michael Durall. A controversial UUA look at who UU's are and where we're going, or not.

Religious Exploration

The Religious Exploration classes are on the 1st and 3rd Sundays at 9:00 with DVDs from Great Courses.

The Course is titled "**Jesus to Constantine**", by Bart D. Ehrman PhD.

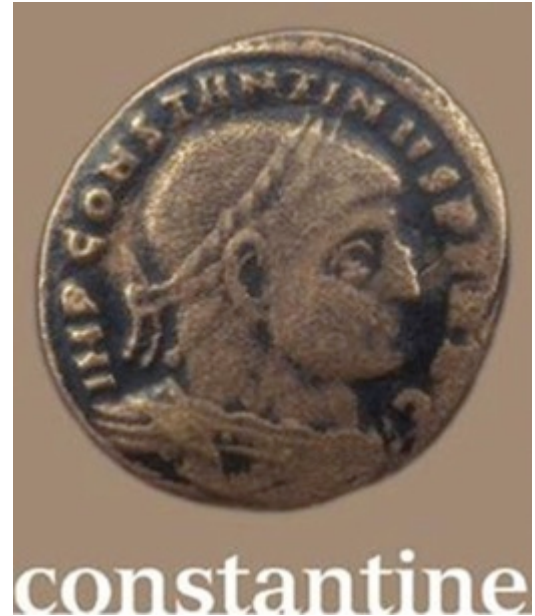


Jesus to Constantine is a study of the first 300 years of Christianity. How it started as a small Jewish cult of an apocalyptic preacher, in a remote corner of the empire, to a major political and religious influence about that preacher.

The series has been very enlightening and

generated a lot of interesting dialog.

Everyone is invited to come join us. If you've missed some (or all) of the previous lectures, no problem, join us anyway. If you'd like you can catch up by viewing the missed DVD(s) on your own.



“The most important kind of freedom is to be what you really are. You trade in your reality for a role. You trade in your sense for an act. You give up your ability to feel, and in exchange, put on a mask. There can't be any large-scale revolution until there's a personal revolution, on an individual level. It's got to happen inside first.”



— Jim Morrison

THE GO-TO PEOPLE

1. President - emails, Website
2. Circle Suppers
3. Fourth Friday Film
4. Grounds, Street
5. Kitchen
6. Langston School
7. Church Library
8. Music and Sanctuary
9. Parliamentarian
10. Sound A/V Equipment
11. Membership directory
12. President
13. Membership chair
14. Values in Action chair
15. Stewardship chair
16. Secretary
17. InSpirit newsletter
18. Local newspapers
19. Mail
20. Historian, advisors

Carol Stanfill
Pat Jobin
Claire Beam
Oliver Driver, Larry Field, Rocky Vannucci
Claire Beam, Hazel Nino, Glenda Field
Jane States
Mary Arthur and Ann Hair
Joe Sturgill
Denise Marion, Dorothy Clark
Joe Sturgill, John Nino
Geary Hufstedler
Carol Stanfill
Pat Jobin
Jane Hufstedler
Alan Clark
Dorothy Clark
Geary Hufstedler
Jane Hufstedler
Alan Clark
Betty Henderson, Oliver Driver, Jane States, Dorothy Clark

