



InSpirit

Unitarian Universalist Church of Hot Springs

Located at the corner of Norwalk and Spring St Hot Springs, AR 71914-3095
501-625-3095 WWW.uuchurchhotsprings.org

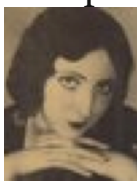
The UU church of Hot Springs is a certified *Welcoming Congregation*. We welcome you, whoever you are, or whatever the birthplace of your ancestors. We welcome you whether you are young or old, man or woman. We welcome you no matter what your spiritual beliefs or physical needs. We welcome you, whomever you love.

May you find the warmth and connection you seek here.

THEME FOR JUNE IS COURAGE

- 6/2 Sacredness of Water, Denise Marion
- 6/9 Short Service, Pizza Lunch, Followed by Annual Meeting
- 6/16 Kyle Acosta CASA Director
- 6/23 Bud Hearn
- 6/30 Cal Lawson "The Vanishing Congregation"

"Life shrinks or expands in proportion to one's courage."



— Anaïs Nin

Carol Stanfill
Alan Clark
Dorothy Clark
Pat Jobin
Jane Hufstedler

President
Treasurer
Secretary
Membership
Values in Action



PRESIDENT'S NOTE:

Mark your calendar for the annual congregational meeting on June 9th. If you have not received your packet of information, let me know. We will vote on a couple of bylaw changes, officers for 2013-2014, and any other motions that are presented. This is an important meeting for all members and for anyone interested in becoming a member of our church. We'll have our traditional potluck lunch after the

meeting. There will be a shortened church service at the regular time of 10:30. Members, if you must be absent, you can vote via email or phone call with our secretary, Dorothy Clark, ([501-760-1264](tel:501-760-1264)).

My granddaughter and I will attend U U General Assembly in Louisville, KY, on June 19-23, (at no expense to the church). I hope we will learn a lot and come home with new ideas for our church. Then we're off on an adventure to study American history on our way to Washington, D.C.

Don't forget to check this site: <http://www.librarything.com/home/uuchurchhotsprings> for information on all books in our church library. Summertime, a hammock, cool drink, shade, and a book...doesn't that sound ideal! And our church website and Facebook group are updated regularly now. Check these out: <http://uuchurchhotsprings.org/> and <https://www.facebook.com/> (Our group is called "UU Church of Hot Springs")

Enjoy your summer!

Carol Stanfill, Congregation President

Time always seems long to the child who is waiting - for Christmas, for next summer, for becoming a grownup: long also when he surrenders his whole soul to each moment of a happy day.

Dag Hammarskjold

In Memory of Denny Hemphill



Denny Hemphill
August 13, 1936 - April 26, 2013.

Denny, was one of our longest serving members, having joined in October 2001. He was one of the most tireless and energetic volunteers during the renovation of the church. He spent countless daily hours during the weeks and months it took to complete the beautiful job.

He was a career Navy man, then a police officer for several different municipalities. Denny was also very active in the VFW Veterans' Honor Guard.



At his Memorial Service, several talked about how much they loved him. His nephew came from Denver and recalled the many good times they spent together during his childhood from age 9, on.

Denny's younger brother, Leonard, spoke kind words about how Denny just about raised him while his mother worked to support the family.

The honor guard performed a really nice memorial for Denny. His wife Inge was presented with the American flag, folded in-ceremony. The bugler

performed Taps and other patriotic songs. The ceremony was quite impressive!

PROGRAMS

-Services for June - Courage

- 6/2 Sacredness of Water Denise Marion and Laura Lee Williard**
- 6/9 Short Service, Pizza and Annual Meeting Carol Stanfill**
- 6/16 CASA Kyle Acosta**
- 6/23 Bud Hearn**
- 6/30 The Vanishing Congregation Cal Lawson**

While on this extended vacation in beautiful northern California, we have visited several Unitarian Universalists congregations. The experience has been positive and rewarding,



and it has also left us with a feeling of pride in what our little group accomplishes each Sunday of the year.

It takes an entire congregation to make sure that every Sunday we can enjoy time together that strengthens our bonds and renews our spirit for the week ahead. Whether it is the Religious Exploration, Wisdom Seekers or the service itself, we hope that you find something to take away each Sunday that leaves you feeling connected to something of value.

In June our focus will be “Courage” and our first

Sunday will be Denise Marion as she explores what several of the world’s faiths have to say about humanity’s relationship with water. Denise has invited a delightful folk artist, Laura Lee Williard to be our musician. See her bio follows this letter. Don’t miss it if you can help it.

Our Annual Meeting is the second Sunday and we know it takes a great deal of courage to attend meetings, so take out your Wizard of Oz medal and come on in, we promise not to make it too scary!

It will also be our pleasure to welcome Garland County’s CASA Director Kyle Acosta, on June 16. Kyle is an inspiration and the tireless work he does in support of abused and neglected children of Garland County is quite admirable. You will want to meet this delightful young man.

Bud Hearn will deliver another interesting talk on June 23, and you will want to be here as he is taking the rest of the summer off and we will not see him again until September.

Many of you will remember Cal Lawson’s article in the Mature Arkansas magazine. He will be with us for the final Sunday in June to elaborate on The Vanishing Congregation, focused on the Baby Boomer impact on membership in organized religion.

We miss you and will see you soon.

Jane

Laura Lee

Folksinger with



Laura Lee Williard took violin lessons for several years in grade school before teaching herself the guitar at the age of fourteen. With a melodic, yet surprisingly powerful voice, singing came naturally to her as a child, and as she grew older, she sought to emulate the vocal style of her hero, Joan Baez. Along the way, she also developed the underrated, yet invaluable talent of harmony singing. She has received professional voice instruction, and also developed an interest in, and proficiency at, the wonderful cowboy art of yodeling.

She developed a strong foundation in folk music prior to discovering Bluegrass in the fall of 1990. In her strong alto voice, she found she could hold her own in the late-night bluegrass jams around the fire in the campgrounds of the Walnut Valley Festival in Winfield, Kansas.

She has proven particularly adept at entertaining young audiences, and has successfully performed for preschool audiences and toddler play groups in Kansas City, as well as coffee houses, art openings, holiday parties, and as a street musician in Seattle. She has also been sharing her musical talents with nursing home residents since 1997. On stage, her delivery is forthright, friendly, and liberally flavored with good humor.

Instrumentally, Laura Lee has developed a strong rhythm guitar style as well as a finger-picking technique which compliments both her original compositions and her renditions of the many popular ballads which she includes in her repertoire. Laura Lee continues to experiment with her musical styling, and has recently added jazz and swing music to her musical interests.

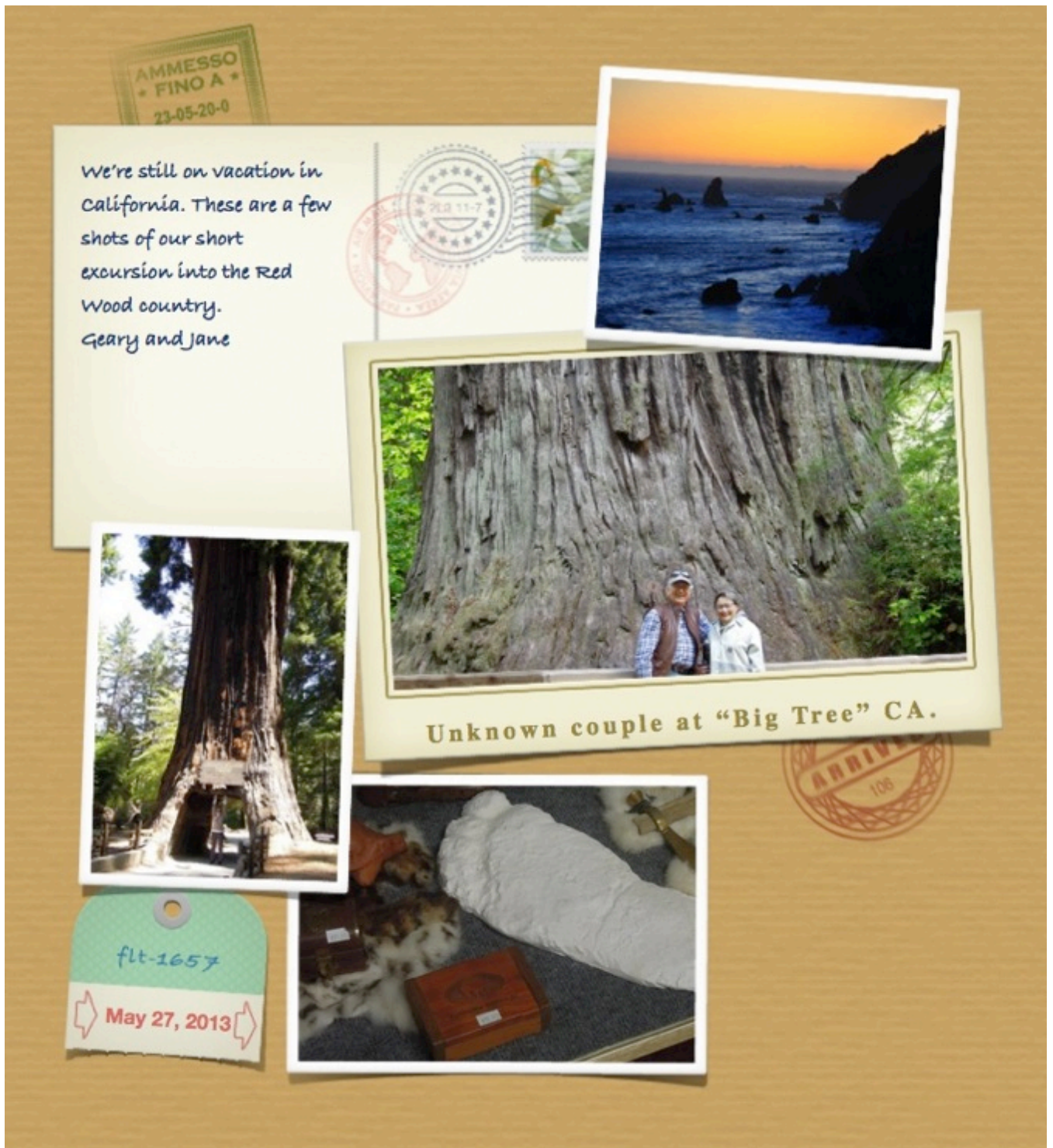
Most recently, Laura Lee was accepted by the Arkansas Arts Council as an Artist-in-Education. In this, she has successfully blended her professional background of education, instructional design and child psychology with her music to offer workshops and residencies to enhance the educational experience in Arkansas schools.

In sum, she brings both an almost childlike enthusiasm and a professional bearing to her performances; a dichotomy sure to enhance whatever stage she happens to grace.

“Courage: the most important of all the virtues because without courage, you can't practice any other virtue consistently.”

— Maya Angelou





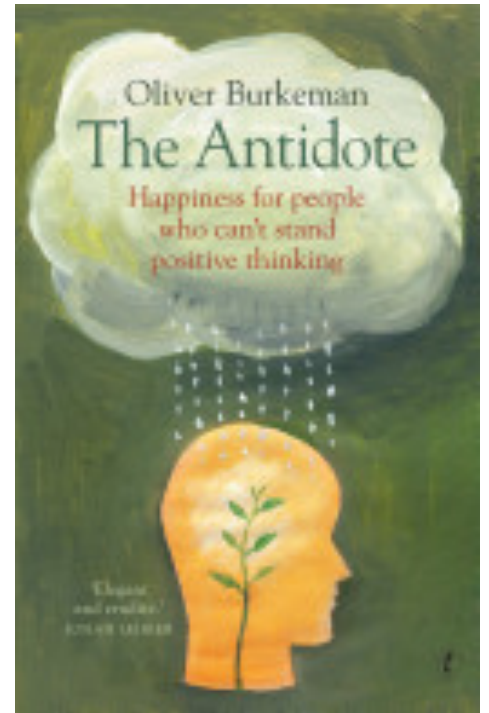
“My therapist told me the way to achieve true inner peace is to finish what I start. So far today, I have finished 2 bags of M&M's and a chocolate cake. I feel better already.” Dave Barry

Wisdom Seekers
Meet on the 2nd and 4th Sundays
From 9 to 10

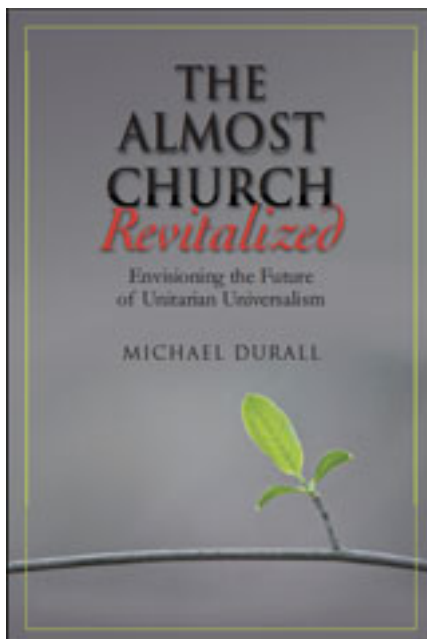
Wisdom Seekers have selected:

The Antidote: Happiness for People Who Can't Stand Positive Thinking,
By Oliver Burkeman.

From the Amazon review: “*The Antidote* is a series of journeys among people who share a single, surprising way of thinking about life. What they have in common is a hunch about human psychology: that it’s our constant effort to eliminate the negative that causes us to feel so anxious, insecure, and unhappy. And that there is an alternative “negative path” to happiness and success that involves embracing the things we spend our lives trying to avoid. It is a subversive, galvanizing message, which turns out to have a long and distinguished philosophical lineage ranging from ancient Roman Stoic philosophers to Buddhists.”



The Antidote will be discussed over the next few weeks

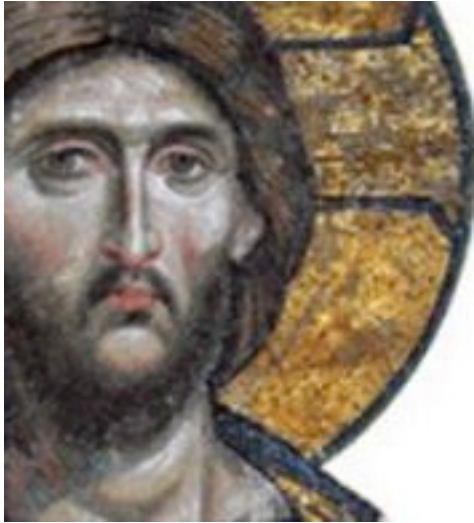


Next we'll look at, **The Almost Church Revisited** by Michael Durall. A controversial UUA look at who UU's are and where we're going, or not.

Religious Exploration

The Religious Exploration classes are on the 1st and 3rd Sundays at 9:00 with DVDs from Great Courses.

The Course is titled "**Jesus to Constantine**", by Bart D. Ehrman PhD.



Jesus to Constantine is a study of the first 300 years of Christianity. How it started as a small Jewish cult of an apocalyptic preacher, in a remote corner of the empire, to a major political and religious influence about that preacher.

The series has been very enlightening and

generated a lot of interesting dialog.

Everyone is invited to come join us. If you've missed some (or all) of the previous lectures you can easily catch up by viewing the missed DVD(s) on your own.



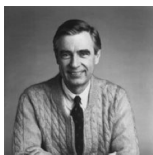
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Services for July - Freedom

- 7 Liberal Religion and Patriotism Ann Hair
- 14 Blueberry Pancake Sunday hosted by Linell and Scott Lasiter
- 21 TBA
- 28 My Journey to India and Beyond- Niko Walker

THE GO-TO PEOPLE

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|--------------------------------|--|
| 1. President - emails, Website | Carol Stanfill |
| 2. Circle Suppers | Pat Jobin |
| 3. Fourth Friday Film | Claire Beam |
| 4. Grounds, Street | Oliver Driver, Larry Field, Rocky Vannucci |
| 5. Kitchen | Claire Beam, Hazel Nino, Glenda Field |
| 6. Langston School | Jane States |
| 7. Church Library | Mary Arthur and Ann Hair |
| 8. Music and Sanctuary | Joe Sturgill |
| 9. Parliamentarian | Denise Marion, Dorothy Clark |
| 10. Sound A/V Equipment | Joe Sturgill, John Nino |
| 11. Membership directory | Geary Hufstedler |
| 12. President | Carol Stanfill |
| 13. Membership chair | Pat Jobin |
| 14. Values in Action chair | Jane Hufstedler |
| 15. Stewardship chair | Alan Clark |
| 16. Secretary | Dorothy Clark |
| 17. InSpirit newsletter | Geary Hufstedler |
| 18. Local newspapers | Jane Hufstedler |
| 19. Mail | Alan Clark |
| 20. Historian, advisors | Betty Henderson, Oliver Driver, Jane States, Dorothy Clark |



“When I say it's you I like, I'm talking about that part of you that knows that life is far more than anything you can ever see or hear or touch. That deep part of you that allows you to stand for those things without which humankind cannot survive. Love that conquers hate, peace that rises triumphant over war, and justice that proves more powerful than greed.”

—Fred Rodgers